

#theperfectplacetobe

THE LAKE DISTRICT CUMBRIA

HOLIDAY GUIDE 2022



CONTENTS

- 2.....Photo Competition
- 3.....Welcome to The Lake District, Cumbria
- 4.....Discover our Region
- 6.....The Lake District
- 8.....Morecambe Bay
- 10.....Western Lake District and Coast
- 12.....Carlisle and Hadrian's Wall
- 14.....Eden Valley and The North Pennines
- 16.....Where the Lakes meets the Dales
- 18.....Hidden Gems
- 20Unmissable Events
- 21.....Hadrian's Wall 1900
- 22.....Dark Skies
- 24.....Adventure Experiences
- 32.....Heritage, Arts and Culture
- 40.....Something for all the Family
- 48.....The National Trust
- 50.....Food and Drink
- 55.....Dogs Love The Lake District, Cumbria
- 56.....Take a piece of Cumbria Home
- 63.....Competition
- 64.....Travel - Getting Here, Getting Around
- 66.....Be Looked After - Hotels, B&Bs & Guest Houses
- 76.....Home from Home - Self-Catering Accommodation
- 82.....Your Own Space - Caravans, Camping, Glamping & Hostels
- 85.....Motorhomes & Campervans
- 86.....Information
- 88.....Attractions Directory
- 92.....Accommodation Directory
- 96.....Tourist Information
- 97.....Map

IMAGE CREDITS:

Unless otherwise stated, photography is courtesy of visitlakedistrict.com and its partners.

PHOTO COMPETITION

A huge thank you to everyone who entered our photo competition to feature on the front of our 2022 Holiday Guide. With so many fantastic entries choosing a winner was no easy task! After much deliberation our judges selected a winner and two runners up.



Congratulations to Sam Hussey for the winning image taken at Derwentwater.

Sam says:

"After climbing Catbells at 4am for sunrise, it was nice to take a stroll around Derwentwater before the crowds descended and take a nice reflection of this canoe with Catbells in the background."

The runners up:



Red Squirrel at Nether Wasdale by Peter Trimming

Peter says:

"In my private Wasdale woodland, red squirrels have been seen over the years [and] March 2021 saw the arrival of three red squirrel kittens. 'Izzy' proved very friendly in late August."



Derwentwater by Jonny Gios

Jonny says:

"This picture was taken at sunrise as the sun was hitting the autumn trees on Derwentwater. It was so tranquil and peaceful - a great place to come and photograph, especially in autumn."

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Welcome to **THE LAKE DISTRICT, CUMBRIA**



Dreaming of your next escape to the beautiful Lake District and wider Cumbria, or maybe it's your first trip? Either way, it's our pleasure to help inspire you with wonderful ideas to create your perfect getaway.

There is space galore, from lakes to mountains and coast to forest. Take time to unwind and re-energise. Stimulate your senses with our unrivalled food and drink, adventure activities, and rich heritage and culture scene.

Whatever your reason for visiting, the Lake District, Cumbria, has it all. Home to two UNESCO World Heritage sites, a UNESCO Global Geopark as well as three Areas of Outstanding Natural Beauty, we invite you to discover and explore England's most extraordinary holiday destination.

Our friendly Cumbrian hospitality awaits you. We guarantee you'll have experiences that will live on in your memory long after you return home, sparking a lifelong love affair with this amazing region.

Start your journey now, read on, be inspired, and book your perfect getaway.

We look forward to welcoming you.

Gill Haigh

Managing Director of Cumbria Tourism

DISCOVER OUR REGION

LAKE DISTRICT - see page 6

One of the biggest draws of our region is England's best-known and largest national park. Its natural tapestry of shimmering lakes, craggy hilltops and ancient forests combine to make for one of the world's most beautiful landscapes. It is also recognised as a UNESCO World Heritage Site.



MORECAMBE BAY - see page 8

Watching the sun go down over Morecambe Bay is the stuff memories are made of. If you haven't heard about Cumbria's classic seaside towns and coastal views, it's time to take a stroll along the prom at Arnside or Grange-over-Sands.



WESTERN LAKE DISTRICT & COAST - see page 10

Did you know that Cumbria has more than 120 miles of awe-inspiring coastline stretching from Morecambe Bay right up to the Scottish border? If you're looking for something more secluded and perhaps a little more rugged this area has it. Eskdale and Ennerdale valleys are true testament to the beauty of the area.



CARLISLE & HADRIAN'S WALL - see page 12

Inextricably linked with the iconic Hadrian's Wall, Carlisle's fusion of old and new brings together 2000 years of history with some laid-back city living and urban café culture. Explore the edge of an ancient empire by walking in the footsteps of the Roman army along the Hadrian's Wall World Heritage Site. Birdoswald Fort and Banks Turret are just two must-sees.



EDEN VALLEY & NORTH PENNINES - see page 14

Whether you want calmness and serenity or adrenaline-packed adventure, these epic landscapes offer the perfect place to reinvigorate. The North Pennines Area of Outstanding Natural Beauty offers moorland heather, woodlands, hay meadows, and tumbling rivers and waterfalls. With some of the darkest skies in the country, it's also the perfect place to stargaze.



WHERE THE LAKES MEETS THE DALES - see page 16

Did you know that part of the Yorkshire Dales National Park is actually in Cumbria? Within this landscape is a rich human heritage of historic towns, traditional villages and vast tracts of farming land drawn with ancient dry-stone walls and populated by lonely barns and herds of Herdwick sheep.



KEY

-  Lake District National Park boundary
-  Yorkshire Dales National Park boundary
-  Train line



For a more detailed road map see page 97

THE LAKE DISTRICT



Welcome to

THE ENGLISH
LAKE DISTRICT
WORLD HERITAGE SITE

Famed for its stunning landscapes, the Lake District is at the heart of Cumbria. Shaped by 500 million years of geological activity, England's largest National Park is home to the highest mountains and deepest lakes, with coastline and estuaries rich with wildlife. Did you know there's only one official lake: Bassenthwaite Lake? All the others are called 'meres', 'waters' or 'tarns'. A UNESCO World Heritage site, the Lake District is rich in culture; outdoor activities for all to enjoy, art galleries and museums,

archaeological sites and monuments, stately homes, castles and gardens, with a distinct farming tradition and an influential foodie scene.

You set the pace for your holiday in the Lake District, so whether it's packed with adventure activities or more leisurely exploration, you will find typical Lakeland villages, cosy pubs, family attractions and an abundance of independent shops and hotels to experience. A trip to the Lake District will leave you refreshed, recharged and eager to come back again soon.



© Cottage in the Wood
photo by Rob Whitrow

FOOD & DRINK

There's a thriving foodie scene, with the most Michelin Stars north of London as well as cosy pubs, microbreweries, hip coffee shops, dog friendly lakeside cafes and farm shops, all serving delicious locally produced food, both indoors and out.



© Path to Adventure

FAMILY

Why not take the whole family on a tree top adventure, go deep into a mine, take a journey on a steam train or recreate Swallows and Amazons and hire a boat to row across the lake? Discover something fun at museums dedicated to boats, cars, art and local culture.

HISTORY

Discover ancient sites and stone circles; Roman ruins at Hardknott, Ambleside and Ravenglass; or explore Norman abbeys and packhorse routes. Unearth fascinating industrial heritage with interactive visits to mines, mills, steam railways and vintage boats. Visit grand castles, elegant stately homes and beautiful gardens. Soak up the dramatic landscapes that inspired Romantic poet William Wordsworth and his friends. Learn how sheep farming has been a way of life here for thousands of years, shaping the land and communities. See Herdwick sheep on fells and in fields.



© Lake District National Park Authority



ADVENTURE

For an adrenaline rush there's ghyll scrambling, abseiling, extreme Via Ferrata and epic mountain bike trails, stand up paddle boarding or invigorating wild swimming to choose from. Or maybe you'd like to 'Bag a Wainwright': there are 214 to pick from. For scenic accessible walks suitable for all, choose a Miles without Stiles route. Hop on a bike to explore national cycle routes and family friendly cycle paths.

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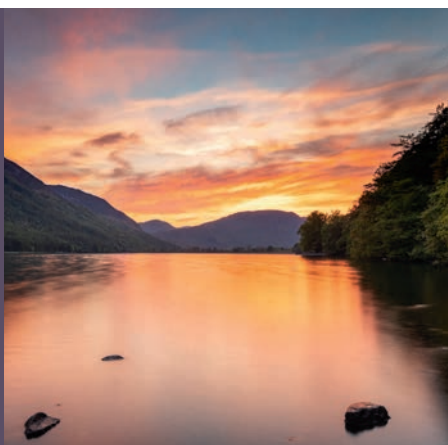
*Did you know the
Lake District is
the birthplace of
rock climbing?*

ARTS & CULTURE

With a landscape that's attracted poets and artists for centuries, the Lake District continues to inspire today. Here, art history rubs shoulders with contemporary creativity. Experience galleries, forest sculptures and a smorgasbord of literary, music, art, and film festivals. Enjoy original live theatre or head to an independent cinema. Discover the unexpected at one of our museums. See the cottage where Peter Rabbit™ author Beatrix Potter wrote many of her enchanting stories. Immerse yourself in authentic rural culture at a traditional country show in the summer.

HEALTH & WELLBEING

Feel the benefits of green open spaces and wonder at the dark skies filled with stars. Take time to change pace, reconnect and recharge. It is these moments that will stay with you long after your Lake District holiday.



© Peter Trimming



NATURE

The Lake District is the natural home of a wide variety of flora and fauna. Keep an eye out for red squirrels, deer, osprey and otters. There's always something to marvel at whether it's our famed daffodils fluttering in the breeze on the lake shore, bluebells in the woods or watching the explosion of autumn colour across forest and fell.



© Grizedale Forest, Steve Anwar sculpture

MORECAMBE BAY



Discover classic seaside towns, stunning estuaries and salt marshes with views up to the Lake District peaks. Morecambe Bay is a coastal region of Cumbria which offers ancient history, vibrant festivals and an array of wildlife, including seals.

The Cross Bay Walk is a unique way to experience this spectacular habitat, but must be done with an official guide - a role so important, they are appointed by the Queen! Areas of Outstanding Natural Beauty, Arnside and Silverdale offer a seasonal profusion of stunning butterflies. Arnside is known for its impressive tidal bore with the water rushing in from the sea 'faster than a galloping horse.'

Stretching from Arnside to Barrow-in-Furness, the Bay can be explored by road, rail, bus, bike or foot. The scenic Cumbrian Coast railway line hugs the coast from Silverdale to Barrow-in-Furness, before continuing north up the coast. There are many lovely places to explore en route such as the Edwardian seaside resort of Grange-over-Sands with its extensive promenade, traditional gardens and array of independent shops. Take in the whole of the Bay from the vantage point of Hoad Hill in Ulverston which provides the perfect panoramic view of the Lakeland fells. At the tip of the Furness Peninsula, hop on the ferry to Piel Island and explore the ruins of a 14th Century castle, go seal watching or take the kids and the dog for a splash on the beach at Walney.



Gaia 2021 © The Coro Ulverston

ARTS & CULTURE

Known for its festivals, the historic market town of Ulverston was the birthplace of Stan Laurel, from the legendary comic double act Laurel and Hardy. Visit The Coro: an arts, culture and entertainment venue. Experience events like the annual Lantern and Dickensian Festivals.

HEALTH & WELLBEING

Treat yourself to a spa day in Grange-over-Sands. Enjoy the peaceful atmosphere and meditate at Conishead Priory and Buddhist Temple near Ulverston. Breathe in the fresh sea air and watch a stunning sunset across the bay.



NATURE

Walney Island is home to two nature reserves, while just down the road you'll find the sand dunes of Roanhead beach and the Sandscale Haws Nature Reserve. If you are lucky, in the autumn you may even catch a glimpse of baby seals.



© Cartmel Racecourse

FOOD & DRINK

Cartmel is a foodie 'must visit' with two Michelin starred restaurants, plus the home of the award-winning sticky toffee pudding. Arnside's pier is the perfect place to enjoy fish and chips. Locals swear by the Butcher's pies in Grange. There are tearooms serving delicious afternoon teas, hip coffee shops and craft beer bars. Why not enjoy a picnic hamper at the Cartmel Races?

ADVENTURE

Take a walk on the wild side with wolves, handle birds of prey or ride Friesian horses. Take a guided walk across the open expanse of the sands. Hop on a bike to explore the 80 mile Morecambe Bay Cycleway.



HISTORY

The area around Barrow-in-Furness has some of the finest monastic ruins in England. These include the impressive Furness Abbey, once one of the wealthiest and most powerful monasteries in the country; Piel castle on its own island; and Dalton Castle.

FAMILY

Stroll along a coastal footpath and discover hidden coves. Meet animals at a wildlife park, zoo or farm park. Race through a Maize Maze or adventure playground in the grounds of a stately home. Get competitive with crazy golf.



© Lakeland Maze Farm Park

WESTERN LAKE DISTRICT AND COAST



Discover secluded beaches, majestic castles, hidden lakes and awe-inspiring mountains along the Lake District, Cumbria's 100-mile long western coast. See sandstone cliffs, sand dunes, historic harbours and fascinating tales: legends tell of smuggling, the spice trade and Iron Age forts. Follow the Romans from Bowness-on-Solway to Maryport, down to Ravenglass which has the accolade of being in two UNESCO World Heritage Sites.

If being on a beach is an essential part of your holiday experience, then the views from St Bees Head will captivate and inspire whilst you enjoy your ice cream. The sandy expanse of Silecroft at low tide with Black Combe fell rising behind is a sight to behold.

One of the best ways to arrive is by train on the awe-inspiring Cumbrian Coast railway line which follows the shoreline. Not only does it offer unrivalled views from the comfort of your carriage; it's also a greener way to travel around the region.

© The Rum Story



FOOD & DRINK

Follow Cumbria's spice trail from the bustling harbour at Whitehaven, where spices were traditionally imported into the region and used as ingredients in our famous local delicacies such as Cumberland sausage, Rum Nicky, liqueurs and Grasmere Gingerbread®.

HEALTH AND WELLBEING

The Cumbrian Coast has amazing sandy beaches perfect for a run, jog or relaxing walk. Highlights include the seaside villages of Silecroft and Allonby with their incredible sea views.



ARTS & CULTURE

New for Summer 2022 is 'Deep Time', an exciting new programme of coastal artworks featuring globally renowned artists. Find quirky competitions like the The World's Biggest Liar and the legendary Gurning World Championships. Watch live performance at Rosehill Theatre and, in summer, at other outdoor settings.



© Muncaster Castle

ADVENTURE

Explore the wild valleys and waters of Ennerdale and Wasdale. Or scale the heights of England's highest mountain Scafell Pike. Go for a bike ride or walk a section of the 185-mile Cumbria Coastal Way. Enjoy an exhilarating beach run or the sensation of galloping along the beach on horseback.



© Ravenglass & Eskdale Railway



FAMILY

Take an unforgettable steam train journey with the Ravenglass & Eskdale railway (or La'al Ratty as it's known locally). Watch birds of prey at Muncaster Castle. Discover together at the Beacon Museum or Lake District Coast Aquarium in Maryport.

NATURE

The Solway Area of Outstanding Beauty is home to an array of birds, wildlife and plants; learn more at Sillioth's AONB Discovery Centre. The rare natterjack toad makes its home along this coastline and you can go puffin spotting at St Bees.



© Eskdale Mill



HISTORY

Visit the mysterious Swinside Stone Circle. Discover Roman heritage at Hardknott Fort, Ravenglass Roman Bath House, or Maryport's Senhouse Roman Museum. Explore grand castles, interactive museums and historic watermills.



Carlisle proudly boasts more than 2000 years of history yet is modern, vibrant and the perfect location for a city break. You will be greeted by the magnificent cathedral and an imposing castle which has protected the border with Scotland for more than 900 years.

There are high street names alongside independent shops and family businesses that have been trading for generations. There is a bustling café and bar scene and vibrant nightlife in this university city.

Just a stone's throw away is Hadrian's Wall, a UNESCO World Heritage site dating back to 122AD. The 1900th anniversary of the wall will be celebrated with a festival of events throughout 2022. You can explore the area's fascinating history by riding along the Hadrian's Wall Cycleway or walking the National Trail, taking in Roman forts, quaint villages and a dramatic coastline. Officially designated an Area of Outstanding Natural Beauty (AONB), the Solway Coast is a rich habitat for wildlife, but also one of England's most beautiful stretches of coastline.

FAMILY

Let off steam at Bitts Park play area. Head to a Country Park for outdoor activities and a small lake to walk round or take the kids to experience a real working farm.



© Tullie House / Stuart Walker



ARTS & CULTURE

Discover art galleries and museums that house world-class collections of art, human history and natural sciences alongside visiting exhibitions. There are fringe and literature festivals, live music, touring theatre and large outdoor concerts.

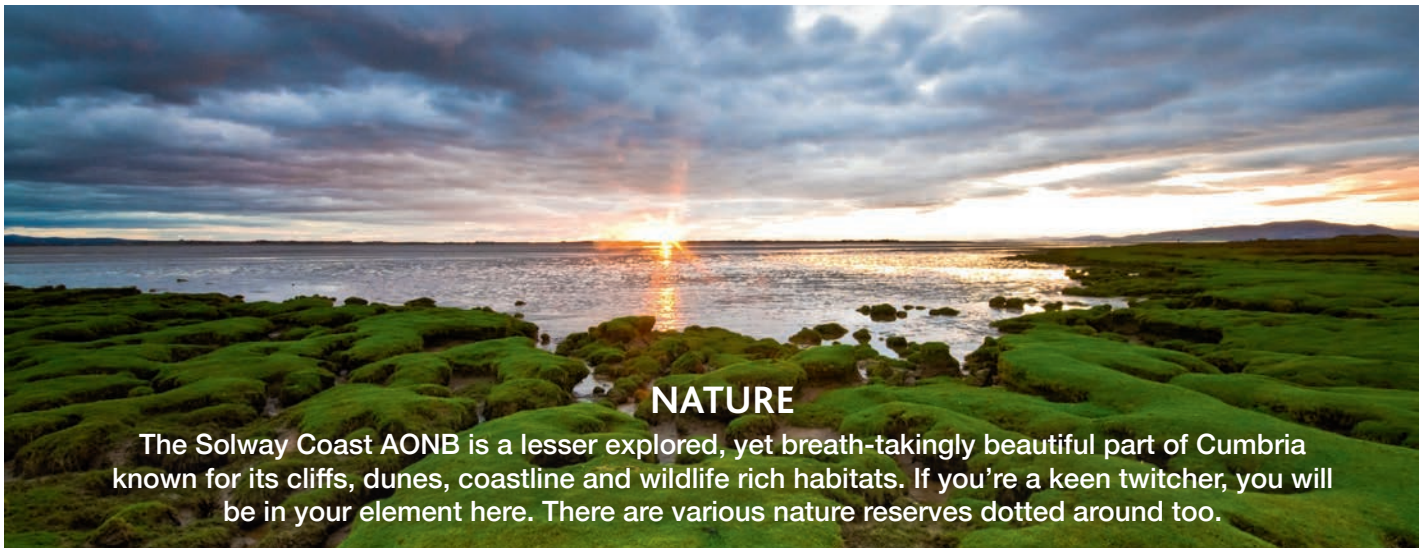


FOOD & DRINK

Carlisle has a wonderful street café culture. Relax and watch the world go by over coffee and cake, grab a pizza from a pop-up food van, or explore the city by night with its eclectic mix of restaurants and bars.

HISTORY

The mighty fortress of Carlisle Castle stands proud over the cityscape. Nearby, Dixon's Chimney is a relic from the largest cotton mill in England. Look up at Carlisle Cathedral's stunning ceiling with gold stars. Visit Hadrian's Wall, a UNESCO World Heritage site and the north-west frontier of the Roman empire.



NATURE

The Solway Coast AONB is a lesser explored, yet breath-takingly beautiful part of Cumbria known for its cliffs, dunes, coastline and wildlife rich habitats. If you're a keen twitcher, you will be in your element here. There are various nature reserves dotted around too.



ADVENTURE

Try a water sports session on Talkin Tarn or indoor bouldering and axe throwing in the city! For a biking holiday, Hadrian's Cycleway is the ideal choice, combining incredible scenery with the fascinating history of Hadrian's Wall.



HEALTH & WELLBEING

Talkin Tarn Country Park is situated just a few miles from the bustling city of Carlisle. The centrepiece is the glacial lake with an accessible path around its edge; it's also a great location for star gazing. Enjoy a moment's reflection on a peaceful walk alongside the River Eden.

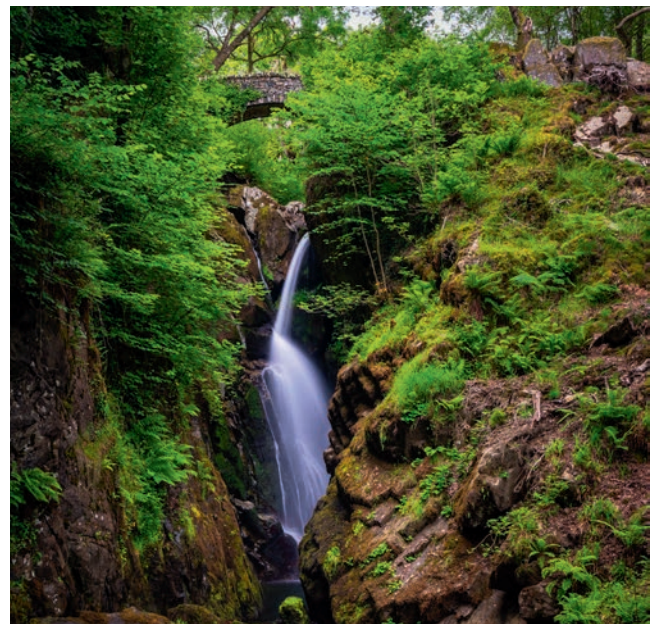


EDEN VALLEY AND THE NORTH PENNINES

Unspoilt rolling green hills, picture postcard sandstone villages, lakes and mountains: the Eden Valley and North Pennines is an impossibly beautiful corner of England. But don't just take our word for it. The North Pennines has been designated both an Area of Outstanding Natural Beauty (AONB) and a UNESCO Global Geopark, meaning the geology of this extra special place is of international significance.

Absorb the tranquil atmosphere of Ullswater aboard a boat with Helvellyn rising dramatically into the skyline. Or perhaps take on the challenge of scaling this mighty peak. The charming village of Pooley Bridge straddles the River Eamont on the shores of Ullswater in the Eden Valley. Close your eyes and you will hear the echoes of history whispering from every direction in the valleys.

The North Pennines AONB is reputed to have some of the darkest skies in the country – perfect to gaze at the heavens. The area is home to England's highest market town, Alston, which is well worth a visit with its quaint cobbled streets. Back in the valley, explore picturesque towns like Appleby and Penrith, and villages like Melmerby and Askham: many sit alongside prehistoric stone circles, medieval castles and ancient relics just waiting to be explored.



HEALTH & WELLBEING

The views along the 20-mile Ullswater Way are the perfect tonic. You can spend a day walking or hop on and off boats and buses and explore the beautiful villages and eating places on the route. The hypnotic Aira Force waterfall is a must-see. Visit High Cup Nick in the North Pennines for breathtaking views.

HISTORY

The Eden Valley has traditionally been an aristocratic neighbourhood with a rich variety of stately homes, grand houses with extensive gardens and fairytale castles. The area's incredible heritage is present at every turn. Why not step back in time and cruise around the lake on a steamer?



© Ullswater 'Steamers'

NATURE

Our nature reserves are havens of tranquillity allowing you to truly appreciate the wildlife. Enjoy colourful wildflowers, spot beautiful dragonflies and butterflies, keep an eye on the skies to see soaring birds of prey, and listen for the distinctive calls of lapwing, curlew and skylark.



FAMILY

For a fab family day out (dogs included!), explore the enchanting ruins of Lowther Castle & Gardens. Kids can burn off energy on zip wires, slides and swings in the adventure playground. While you're there, hire pedal or e-bikes to explore the area; or head to Ullswater to hire a boat and sail on the lake.

ARTS & CULTURE

Eden Valley is renowned for its festivals featuring marmalade, ceramics, beer and live music.

Penrith's Winter Droving celebrates rural heritage, while Kendal Calling is a must-visit for festival goers.



© Winter Droving

ADVENTURE

Climb Hellvellyn: one of the most famous Wainwright peaks. A mighty challenge requiring good fitness and the right equipment. Try pony trekking or get closer to the water with options including stand up paddle boarding, canoeing, rowing and sailing.



FOOD & DRINK

For hundreds of years, farmers have been taking their wares to the nearest town or village to sell their finest produce to the local community. This tradition continues to thrive in the Eden Valley with a vast array of farmers markets. The area is also home to a Michelin starred restaurant, gastropubs, and the World's Original Marmalade Awards.





WHERE THE LAKES MEETS THE DALES

On its eastern edge, Cumbria merges with the Yorkshire Dales National Park. What's more, this lush patchwork of green valleys and high heather moorland dotted with traditional villages boasts some of the best cycling and walking trails in all of England.

The Medieval market town of Kendal is a great place to start your journey from the Lakes to the Dales. Take in the epic views from the ruins of Kendal Castle, sample the food scene with some quirky bistros and cool cocktail bars, and enjoy theatre, music, art and events.

Then head east into the Dales. Finding the perfect place to reflect and recharge your senses isn't hard in this unspoilt corner of Cumbria. Hunt down Cautley Spout - England's highest waterfall above ground – or tackle one of Cumbria's newest mountains, Calf Top (officially designated in 2016). Cyclists can join the Lakes & Dales Loop and get off the beaten track on two wheels.

Sedbergh, England's official book town, sits at the foot of the Howgill Fells and oozes historic character, with hidden layers of Norman, Viking and Saxon heritage. Visit Kirkby Lonsdale for an array of atmospheric pubs and eateries, or quirky independent

shops bursting with handmade crafts and gifts. After some retail therapy, the famous 'Ruskin's View' is the perfect place for a photo.

If you're still looking for some moments of unspoilt tranquillity, head to Cumbria's secluded Dentdale Valley. Dent train station is England's highest mainline station and sits on the Settle to Carlisle railway line.



ARTS & CULTURE

Kendal is thriving with arts and culture, with the Brewery Arts Centre, several museums, art galleries, and festivals celebrating outdoor adventure, film, live music and comic art. In Sedbergh, Farfield Mill is a restored Victorian woollen mill home to artists' studios, galleries and a café.

HISTORY

Associated with the legend of King Arthur, Pendragon Castle in Mallerstang Valley is supposedly where Arthur's father, Uther Pendragon lived - and is said to be haunted by a black hen!



© Blackbull Inn /
Phil Rigby Photography



FOOD & DRINK

Held one Saturday a month in summer, the Sedbergh Artisan Markets offer an incredible range of locally produced food and a chance to chat to the producers themselves. The Kirkby Lonsdale beer festival is a great way to sample ales from Cumbria's breweries and micro-breweries.

FAMILY

Traditional country shows run throughout the summer months and prove a great family day out. You can discover more about farming, food and the countryside around us. Food festivals are a popular day out in the area as is the annual Kirkby Lonsdale Christmas Fair.



© Kendal Torchlight



ADVENTURE

The mysteries of the challenging Howgill Fells, and the remoteness of the incredible landscape in this quieter part of the county, make it ideal for cycling, hiking, horse-riding and climbing. Why not try clay pigeon shooting?



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*Did you know
that 28% of the
Yorkshire Dales National
Park is in Cumbria?*

HEALTH & WELLBEING

Sedbergh is England's official book town, offering a treasure trove of new, second hand and collector's books. In Kirkby Stephen, take a moment to reflect as you wander along the town's Poetry Path, with verses describing a hill farmer's relationship with the landscape carved on stones.



NATURE

Dentdale Valley is an unspoilt landscape of sheer beauty. Quiet lanes bounded by hedgerows lead through charming woodlands that in spring are covered by a blanket of bluebells. Ashgill Force is delightful.

HIDDEN GEMS

Get off the beaten track to discover places that exude local character and tell a story of the landscape and communities living there. We asked Blue Badge Tourist Guide Tess Pike and the rest of the Blue Badge team to share their favourite places to visit around Cumbria to inspire you.

© Blue Badge Guides Cumbria



MARYPORT

My perfect day on the Cumbrian coast would start with watching the fishermen offload their catch at Maryport's harbour and end with eating fish and chips and watching the sun go down. It's easy to see why artists LS Lowry and Percy Kelly found inspiration here.

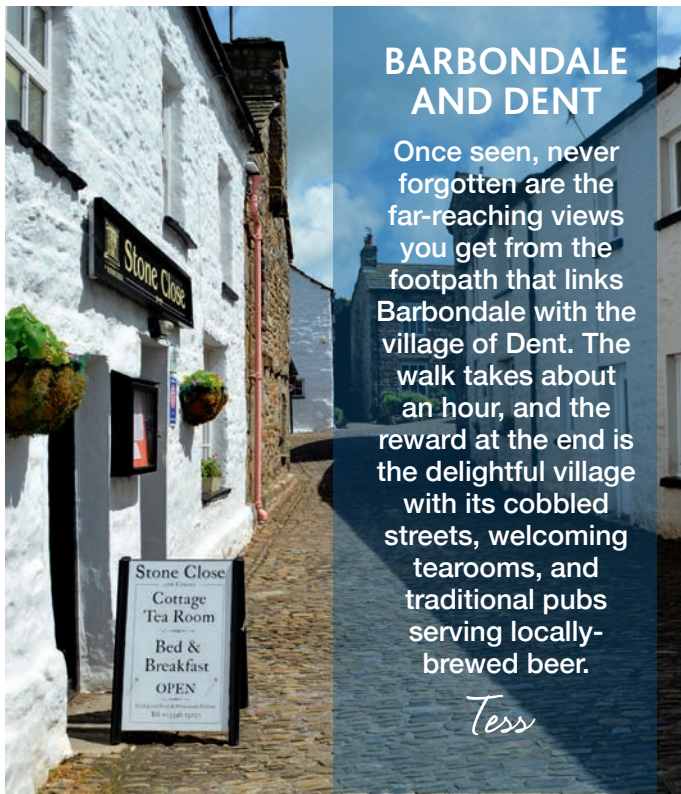
Tess

BEWCASTLE

Bewcastle is one of my favourite places in Cumbria. This remote settlement demonstrates continuous occupation over nearly 2000 years – Roman outpost fort, Norman Castle, medieval church, an exceptional Anglo-Saxon cross and a whole host of Border Reiver gravestones. This far-flung corner of Cumbria exudes an aura of timelessness.

Anna

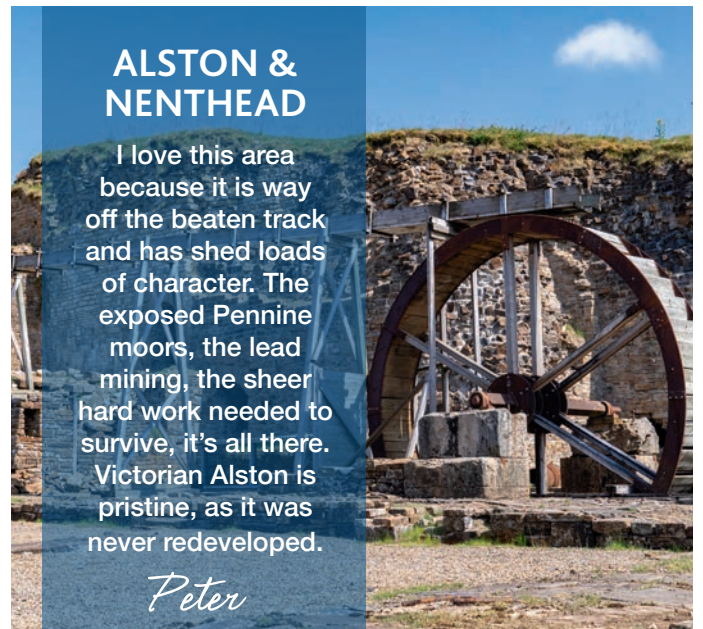




BARBONDALE AND DENT

Once seen, never forgotten are the far-reaching views you get from the footpath that links Barbondale with the village of Dent. The walk takes about an hour, and the reward at the end is the delightful village with its cobbled streets, welcoming tearooms, and traditional pubs serving locally-brewed beer.

Tess



ALSTON & NENTHEAD

I love this area because it is way off the beaten track and has shed loads of character. The exposed Pennine moors, the lead mining, the sheer hard work needed to survive, it's all there. Victorian Alston is pristine, as it was never redeveloped.

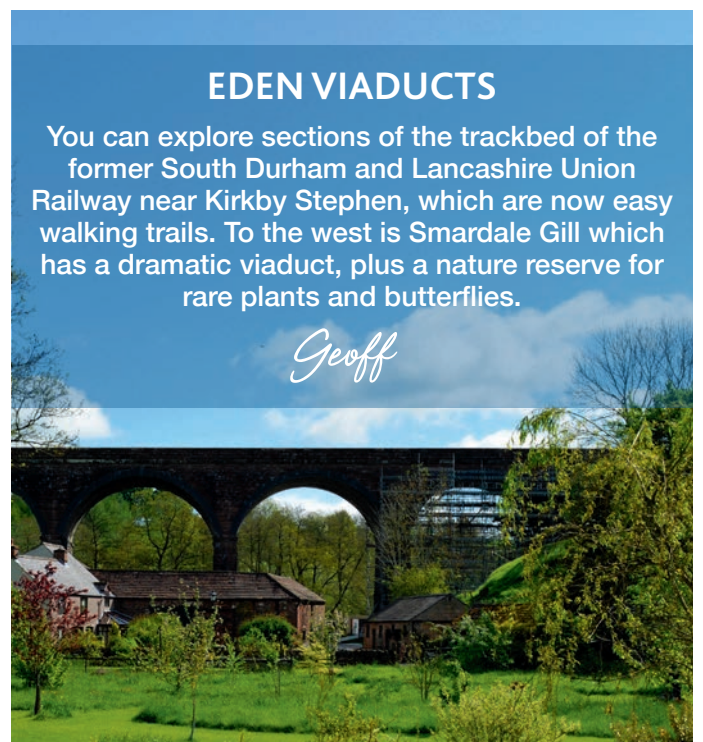
Peter



LYTH VALLEY

For flat and family friendly cycling, the Lyth Valley is ideal. The 'old' A590 links the charming villages of Levens and Witherslack; and you can go on to Grange-over-Sands using the underpass to sneak under the trunk road. Look for cycle routes 70 or 700.

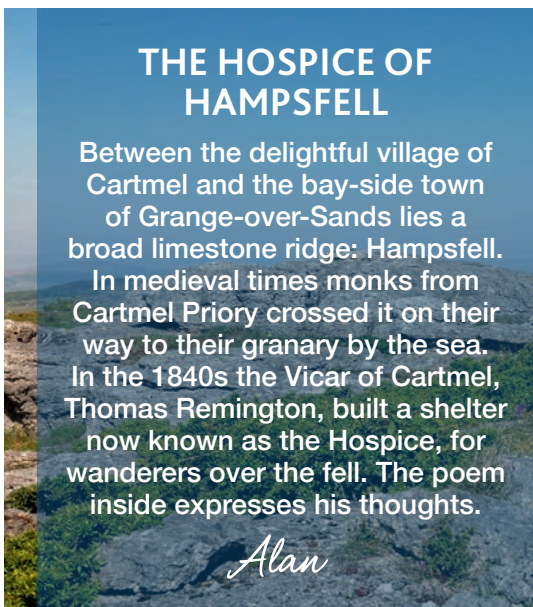
Jan



EDEN VIADUCTS

You can explore sections of the trackbed of the former South Durham and Lancashire Union Railway near Kirkby Stephen, which are now easy walking trails. To the west is Smardale Gill which has a dramatic viaduct, plus a nature reserve for rare plants and butterflies.

Geoff



THE HOSPICE OF HAMPSFELL

Between the delightful village of Cartmel and the bay-side town of Grange-over-Sands lies a broad limestone ridge: Hampsfell. In medieval times monks from Cartmel Priory crossed it on their way to their granary by the sea. In the 1840s the Vicar of Cartmel, Thomas Remington, built a shelter now known as the Hospice, for wanderers over the fell. The poem inside expresses his thoughts.

Alan





Did you know the World's Original Marmalade Awards are held in Cumbria? We are also home to the World's Biggest Liar contest!

The summer allows you to enjoy a picnic on the shores of Derwentwater and watch sports, talks and live music at the Keswick Mountain Festival. For a taste of rural culture, visiting one of our dozens of agricultural shows is a must. Browse the huge selection of local food and crafts and enjoy the livestock classes and traditional sports.

Windermere is the venue for the Great North Swim where thousands of swimmers take the plunge into the lake and raise money for worthwhile causes.

If you like to feel the burn, we have no shortage of endurance challenges.

If live music is your thing, you are coming to the right place. Kendal Calling attracts the biggest names in the music industry. There are several other music festivals held throughout the year specialising in everything from rock to blues and country.

Speaking of festivals, we hold events dedicated to food and beer, poetry, comic art, films, mountaineering, books, pottery and wool - proving there really is something for every taste.

The annual Kendal Torchlight Carnival, and the Winter Droving in Penrith, have vibrant atmospheres and live performances. Among the county's spooky Halloween happenings, dare you visit the haunted Muncaster Castle?

Winter sees the Cumbria Dark Skies Festival - a series of out of this world stargazing events. The Carlisle City of Lights celebration engulfs Carlisle Cathedral in a dazzling immersive display of light and sound.

Snow-dusted mountains are the perfect backdrop to a Christmas market, like the traditional Dickensian festival in Ulverston.

Keep up to date with all the latest events at visitlakedistrict.com/whats-on

STAY IN TOUCH. FOLLOW, LIKE AND SHARE YOUR STORIES.

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[#theperfectplacetobe](https://www.tiktok.com/hashtag/theperfectplacetobe)



HADRIAN'S WALL 1900

In 2022, Hadrian's Wall celebrates its 1900th anniversary with a year-long celebration, and there are hundreds of events and activities to enjoy.

This is the perfect time to discover Hadrian's Wall: a spectacular UNESCO World Heritage Site, marching 73 miles from coast to coast across some of the wildest and most dramatic landscapes in England. Walk in the footsteps of the Romans and discover the epic history behind this iconic reminder of the Empire in stunning locations.

The Cumbrian section of the curtain wall runs from Birdoswald Fort in the east, to Bowness-on-Solway in the west; however, its defensive structures stretch further south, down to Ravenglass on the Lake District coast. Roman forts, milecastles and turrets await. As well as Birdoswald Fort, Banks Turret, Lanercost Priory and Maryport's Senhouse Roman Museum are must-sees along the way.

Explore on foot via the Hadrian's Wall path, with plenty of towns and villages to visit along the way. Make sure to stop off in Carlisle, Cumbria's only city, to experience its wonderful fusion of old and new. 2000 years of history coexist with laid-back city living and an urban café culture. Prefer to explore on two wheels? The 174-mile Hadrian's Cycleway guides you through all the main Roman landmarks.

#HW1900

Hadrian's Wall 1900 sees celebratory events take place across the Wall and down the Cumbrian coast, with a jam-packed schedule to enjoy.

Impressive art installations, fascinating re-enactments of Roman history, and weekend walking festivals are all on the agenda. In the warmer months, watch sunset music performances; enjoy a Roman's Big Birthday Bash; or visit a traditional country fete. The autumn and winter months bring illuminated gardens, antiquarian fayres, and the Roman Festival of Saturnalia; as well as the Carlisle City of Lights, which sees historic landmarks lit up for a breath-taking display.

Experience the rich heritage and culture along the wall, and discover this fascinating World Heritage Site at a very special time indeed.

HADRIAN'S WALL
1900
FESTIVAL

24 JANUARY - 23 DECEMBER 2022

DARK SKIES

Cumbria has some of the darkest skies in the whole of the UK which means on a clear night you could be gazing at the bright stars above as velvet-like darkness envelops you.

Whether you are a novice stargazer or an amateur astronomer, our rural region easily outshines the city lights for a memorable autumn or winter holiday, with thousands of stars visible on a clear night.

Guided by the light of the stars, don't forget to look down and see the thriving wildlife in its natural habitat. Nocturnal creatures flourish under dark skies without artificial light confusing their natural behaviours.

WHAT TO LOOK FOR

Meteor showers are a spectacular sight. It's also fun to point out the constellations – Orion's Belt is one of the easiest to spot. If you get the timing right, you can see the International Space Station. Believe it or not, planets are often the easiest things to spot with the naked eye. Venus can be incredibly bright. Plus, on a clear night you can easily make out The Milky Way.

DARK SKY FRIENDLY ACCOMMODATION

Many remote cottages and hotels offer stargazing activities. Some rooms even have a telescope included.

WHAT TIME OF YEAR?

Winter is the optimum time to enjoy the darkest skies, plus you don't need to stay up late. Witnessing a meteor shower such as the Quadrantids in January is an incredible experience. Spring is a great time for stargazing. The weather is warming up but there are still long hours of darkness to see Orion and the stick figures of Gemini on a clear night. Summer nights are, of course warmer; look out for the Perseids meteor shower in August. Autumn is a good time for mild nights and after dark hours to observe the Milky Way when it is high overhead and spans much of the sky.

PLACES TO GO

With Cumbria's low levels of light pollution, you'll be spoilt for choice when it comes to places to see the stars. Try the Dark Sky Discovery site of Low Gillerthwaite; Ennerdale; or the remote and beautiful Wasdale Valley. Asby Common in the Eden Valley is a wild, open space from which to experience the wonders of the night sky, while Grizedale Forest has regular stargazing events for all the family to enjoy.

Dark Skies Festivals will take place in February and November.

For more information see [visitlakedistrict.com/darkskies](https://www.visitlakedistrict.com/darkskies)

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Confidence-building adrenaline thrills, alongside more meditative experiences can be found a plenty. Find your personal adventure and make memories you will cherish for a lifetime.

Never done it before in your life? Don't worry, our outdoor activity centres and independent guides can help you have an exhilarating and safe experience. There are top tips on adventuresmart.uk too.

© inov-8 Dave MacFarlane



© Honister Slate Mine

CLIMBING & HILLWALKING

We are famous for our fells and mountains (we have England's highest - Scafell Pike) which offer enough variety to suit all capabilities and experience. It's not all about climbing up, you can also abseil down!

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Follow your guide walking through a mountain stream with jumps, slides and climbs to add to the excitement. Be warned, you will get wet!



© Path to Adventure

MILES WITHOUT STILES

An initiative by the Lake District National Park Authority offering 50 routes across the Park that are suitable for people with limited mobility, including wheelchair users, families with pushchairs, and the visually impaired.



HIGH ROPE ADVENTURES

Challenge yourself to reach new heights – amongst the trees. Swing from ropes or fly on a zip wire. There are several exhilarating courses in Cumbria, all family friendly.



© GoApe



HORSES

Walk with friendly native ponies along an old pack horse trail, or go horse trekking across stunning landscapes.



© Graythwaite Adventure

WATER ACTIVITIES

Dive in and find your inner water baby. Choose from stand up paddle boarding, kayaking, sailing or wake boarding to name a few. Wild swimming is popular and our lakes also play host to many open water swimming events - from a New Year's Day dip, to stargazing swims and charity fund-raising challenges.

CYCLING

Our region was made for cycling, offering challenging off-road mountain biking routes, hardcore road climbs, to gentle country lanes. There are family-friendly cycle paths too. Why not hire an electric bike?



FUN FOR ALL

From watersports like sailing and canoeing, to the thrill of rock climbing, there are plenty of accessible activities in the Lake District to accommodate a range of needs. Some attractions offer all-terrain scooter or wheelchair hire; and there are lots of accessible accommodation options to choose from.



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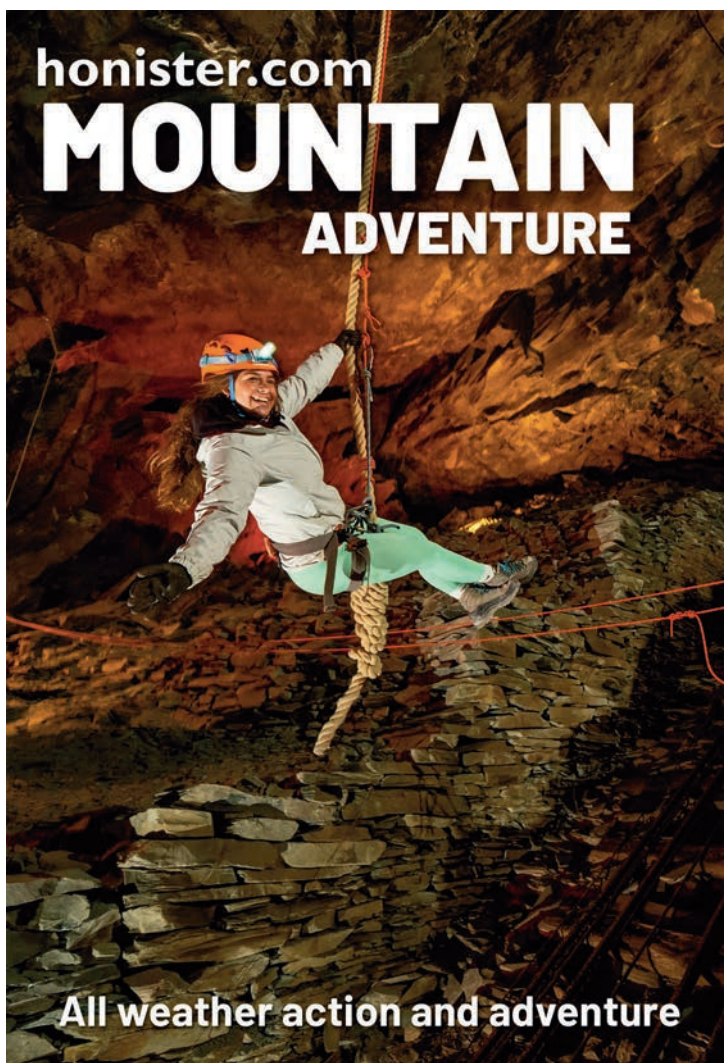


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There are thousands of years of heritage woven into the fabric of Cumbrian culture. From stone circles to castles, stately homes to steam trains and lake cruises on historic steam boats. You can walk in the footsteps of fascinating figures from history and visit their homes and gardens. Perfect for the history buff in us all.

It's a landscape that's inspired iconic cultural figures and radical thinkers such as Wordsworth, JMW Turner, John Ruskin, Kurt Schwitters, Coleridge, Harriet Martineau, Li Yuan-chia, Andy Goldsworthy and Beatrix Potter. Taylor Swift even wrote a song about it!

This celebrated landscape continues to inspire. Encounter our vibrant arts scene bursting with outstanding art, poets and writers, international festivals, buzzing arts centres, theatres, boutique cinemas and world-class museums.

© Wordsworth Grasmere / Gareth Gardner



CASTLES, HOUSES AND GARDENS

There are castles in various states of ruin, impressive stately homes and stunning gardens. Here you can discover topiary, visit national collections and explore gardens with literary connections to Wordsworth, Ruskin and Potter. Stately homes Holker Hall, Levens Hall and Dalemmain have impressive designer gardens and Holehird gardens demonstrates Victorian landscaping.



STEAM TRAINS

Enjoy a journey aboard a majestic steam locomotive. From the standard gauge of the Lakeside and Haverthwaite Railway to the narrow gauge of the Ravenglass and Eskdale Railway and South Tynedale Railway. As well as our heritage lines, steam specials often traverse the Settle to Carlisle line.



MUSEUMS

Explore our engaging museums that tell Cumbria's story - from prehistory right through to the modern age. From boating and maritime to Romans, poetry to comedy or the world's largest colouring pencil, you certainly won't be bored!

?
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garden is
famous for
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THEATRE AND CINEMA

Our vibrant theatre scene proudly boasts home-grown productions and world-class visiting performances. In summer enjoy an outdoor theatre show or a live concert in the park. Watch films in comfort at an independent picture house.

WATER

Travel on a vintage boat on several of our lakes. Learn about the beautiful vessels at Windermere Jetty Museum. The legend of Donald Campbell echoes around the shores of Coniston Water - see a full-size replica of his famous 'BlueBird' at the Lakeland Motor Museum.



© Windermere Jetty Museum



ART TRAILS AND EXHIBITIONS

New for 2022 'Deep Time' features artworks on the west coast by renowned artists. Among the trees in Grizedale Forest you'll discover contemporary sculptures. Blackwell is the ultimate Arts and Crafts house. Tullie House and Rheged hold major touring exhibitions. Smaller galleries are in abundance; our picks are Heaton Cooper Studio, Upfront Gallery, and Northern Lights Gallery.

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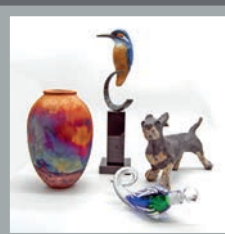
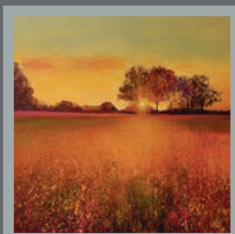
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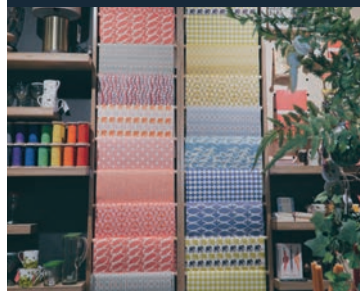
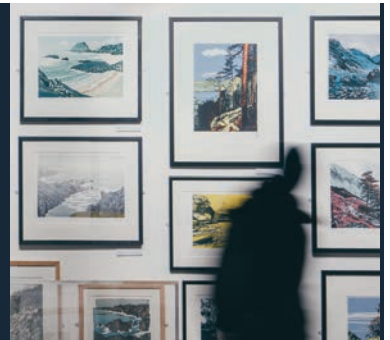
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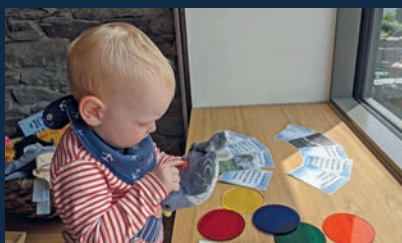
... and discover the story of Wordsworth's radical and creative life told through manuscripts, letters and personal items.

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Dove Cottage, Grasmere, LA22 9SH. T: 015394 35544

SOMETHING FOR ALL THE FAMILY



There is a reason why families come back to the Lake District, Cumbria, year after year, generation after generation; there is just so much to do to satisfy every family member. If you've recently discovered the Lakes or are planning a staycation, you will be spoilt for choice for attractions to enjoy, whatever the weather. Take the opportunity to experience things you've never done before and create memories together.

FAMILY WALKS

Pack a picnic and take the family walking. Miles Without Stiles offer great entry level options, many suitable for pushchairs or kids on bikes, all with stunning views.



TREE TOP ADVENTURES

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PETER RABBIT™ COUNTRY

Beatrix Potter created Peter Rabbit™ and his friends, inspired by the Lakeland landscape. Visit her former home, plus there's a museum and gallery dedicated to the tales. 2022 is Peter Rabbit's™ 120th birthday - keep an eye out for events throughout the year.



© Beatrix Potter Gallery / National Trust / Paul Harris

ON THE WATER

Why not hire a boat to captain your own adventure? You could try your hand at paddle boarding or take sailing lessons.



© Ullswater Sailing School



© Lakeland Arts

GET HANDS ON

Enjoy fun games and activity trails both indoors and out at our attractions, museums and forest sculpture park.



© Lake District Wildlife Park

ANIMALS

Get back to nature and take the kids to one of Cumbria's many farm parks. Keep an eye out for Herdwick sheep – the traditional breed from the Lake District. We are also home to zoos, aquariums and wildlife parks to see furry friends up close.

WHATEVER THE WEATHER

You'll be spoilt for choice for all-weather activities. Go inside our many museums, visit an aquarium, castle or soft play. Scale heights at a climbing wall or relax in front of a blockbuster in an independent cinema.



WILDLIFE

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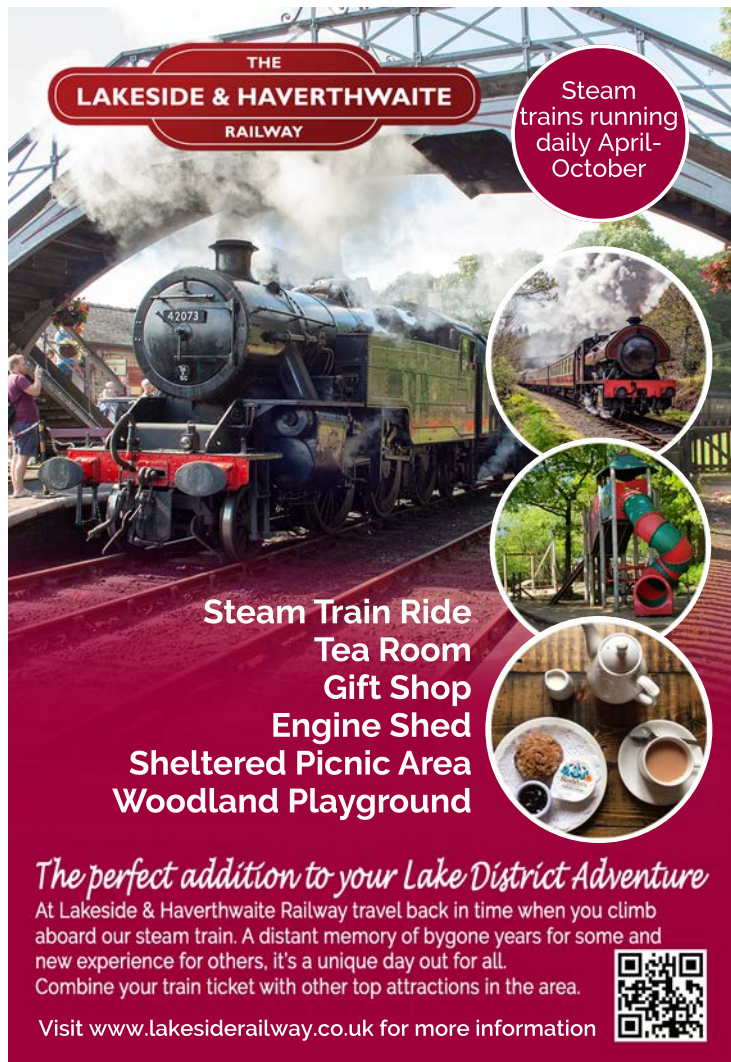
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National
Trust

FIND AN ESCAPE IN THE LAKES WITH THE NATIONAL TRUST

The Lake District is the perfect place to immerse yourself in dramatic landscapes and reconnect with nature. As well as England's highest mountain Scafell Pike, and its deepest lake Windermere, some of the Lakes' most characterful houses, glorious gardens and historical sites are looked after by the National Trust for you to enjoy all year round.

© National Trust / Arnhel de Serra

Awaken your senses with a spring walk around Ullswater and see the thundering 65-foot waterfall at Aira Force. Or spend a lazy summer's day rowing a boat across Windermere's cool waters at Fell Foot.

Meander among trees heaving with over 100 local varieties of apples at Acorn Bank in autumn. During winter, sights of the Borrowdale and Buttermere fells dusted with snow are unbeatable.

Year-round, Beatrix Potter's Hill Top home is a must-see. The world-famous garden and surrounding landscape provided inspiration for her much-loved tales. The nearby Beatrix Potter Gallery houses her original illustrations.

If you're a history buff, discover the gardens that first stirred William Wordsworth's love of nature at his childhood home, Wordsworth House. And wander through the ornate rooms ofSizergh, a traditional home, to soak up stories of the Strickland family.

Make yourself at home and enjoy a picnic on the lawn at Allan Bank, just a ten-minute stroll from Grasmere village. Or, plan a full day at Wray Castle

on the shores of Windermere - with an adventure playground and informal gardens there's plenty of space for children to run wild.

Take in the views across England's longest lake at Claife Viewing Station, framed by the same coloured glass that captivated the Lake District's first tourists. Follow in their footsteps and sail across Coniston Water on the traditional Victorian steam yacht, Gondola.

Round off a day of with a pint in the only National Trust ran pub in the country, Sticklebarn. The ideal refresher after a day of adventures on Langdale's craggy summits.

National Trust car parks are some of the best located in the Lakes, and all are free to members.

The National Trust cares for over 20% of the Lake District National Park. It's a big job – but when you visit, donate, volunteer or join the National Trust, your support helps to look after the Lake District.

Visit nationaltrust.org.uk/thelakes to plan your day.

Staying a little longer?

If you're looking for somewhere special to stay, the National Trust has a wide range of accommodation across the Lake District, from lakeside cottages and glamping to fairytale mansions. Visit nationaltrustholidays.org.uk to book your escape.

#keswickreallakes

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Visit our websites to discover more, sign up for offers and events

FOOD AND DRINK



With a galaxy of Michelin stars, Cumbria really is the UK's foodie capital. Drawing inspiration from the surrounding landscape, our chefs are world renowned, yet their secret ingredient is local. From the spicy kick of the Cumberland sausage, jams and relishes to the famous Grasmere Gingerbread®, produced to a secret recipe since 1854. Enjoy potted shrimp overlooking the sea or a hearty meal by a cosy fire in a country pub. Sample local goodies from our farm shops, delis, and supermarkets or have a Cumbrian hamper delivered right to the door of your holiday cottage. Wash it all down with a locally brewed real ale, or a handcrafted gin, vodka or whiskey from one of our Lakeland distilleries.

© Askham Hall



BREWERS & DISTILLERS

Did you know reputedly we are home to the most densely populated area of microbreweries in the UK? It's no wonder we offer a packed calendar of beer festivals to enjoy. You can even sample the ales at many of our fine breweries and witness your favourite tippie being brewed; or enjoy a distillery tour and even experience making your own gin.

PICNICS

Why not fill your basket with an array of Cumbrian delicacies and enjoy a delicious picnic on the shores of a lake, the top of a mountain, or next to the sea?



TEA ROOMS

You're never far away from one of our many tempting cafes and tearooms. Whether it's a cosy place tucked away in the corner of a tiny village, or in the heart of a town centre, there's a mug or cup with your name on it.



SCENIC AFTERNOON TEAS

Indulge in a delicious afternoon tea with a loved one or friends whilst enjoying views of one of our many lakes, mountains, or the dramatic Cumbrian coastline. The area has a plethora of hotels, restaurants and cafes offering tempting afternoon teas, featuring home-made cakes and scones to enjoy whilst you dreamily gaze at the breathtaking Lakeland views.



© Cottage in the Wood
photo by Rob Whitrow



MICHELIN STARS

If you want to experience new flavours, tastes and sensations that reflect our rich landscape and the ever-changing seasons, you simply must sample one of our wonderful array of restaurants that have been recognized in the Michelin guide.

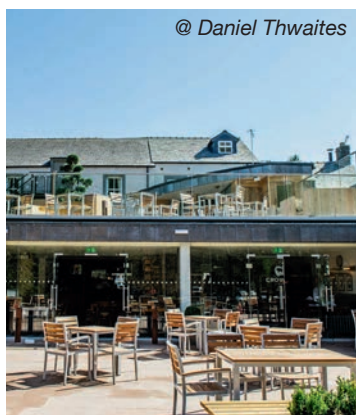


RETAILERS & PRODUCERS

A host of household names originated here including the indulgent sticky toffee pudding, perfected in the charming village of Cartmel. Hawkshead Relish is now sold the world over but still lovingly produced in its namesake village of Hawkshead. Cumberland Sausage is a local delicacy produced exclusively here. Such is the breadth of local producers, the mark 'Made in Cumbria' has become synonymous with quality.

PUB GRUB

From down-to-earth dining to venues with a touch of luxury, the area's famous roster of pubs and inns serve up a massive range of food and drinks to suit all tastes. Many even allow your four-legged friend to join in the fun.



FOOD AND DRINK MARKETS

Sample the flavours of our region and meet the producers at our many farmers markets and food festivals. Cumbria's traditional agricultural shows are a must-see when you are here. As well as being a showcase for locally produced food and drink, the events hold livestock classes and have been known to attract royalty and celebrity chefs.





All experiences are hosted by the distillers,
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Tel: 015242 71714 Email: gamble_p@btconnect.com



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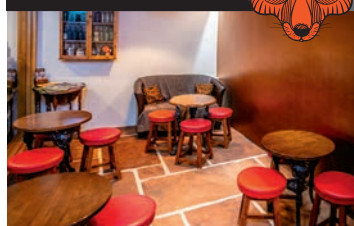
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Family run for over 35 years, specialising in fresh locally sourced meat and fish. Located in the heart of Windermere, offering extensive bar and restaurant areas as well as lovely south facing terraces throughout the ground floor.

DOGS LOVE THE LAKE DISTRICT, CUMBRIA



Visiting the Lake District, Cumbria, with your four-legged friend? There's plenty for you both to enjoy! This is the perfect place to explore with your canine companion: there are dog-friendly eateries and attractions, countryside walks, and plenty more to discover.

HEAD TO THE BEACH

We've got mile upon mile of coastline for all to enjoy, and many of our beaches welcome dogs throughout the year.

TAKE A HIKE

With plenty of mountain walks and leisurely country strolls, many with dog friendly pubs and cafes along the way, this is an adventurous pooch's ideal playground. Take a look at our doggy etiquette for top tips on how to enjoy the countryside safely.

GET CULTURAL

A number of attractions across the Lake District, Cumbria are happy to welcome dogs for a little cultural exploration! From museums and country estates, to boats and steam trains, we've got you covered.

GRAB A BITE TO EAT

Both you and your pooch can enjoy a fantastic meal in the Lake District, Cumbria. Something of a foodie's paradise, this extends to our four-legged

DOGGY ETIQUETTE

Respect other visitors by keeping dogs under close control.

Be vigilant around livestock: keep your dog on a lead and give farm animals plenty of space.

Protect our beautiful wildlife and also your pet, by keeping dogs on a lead and respecting any official signage restricting access.

Protect against animal and insect bites, particularly in long grass.

Pick up after your pooch: make sure you have enough waste bags, and dispose of them in appropriately labelled bins.

friends too – they're welcome at many restaurants, pubs and cafes across the region. Always check ahead to make sure.

STAY IN STYLE

If your dog is looking for somewhere to rest their paws, there's a great selection of dog friendly accommodation options to choose from. Whether it's a self-catering cottage, a hot tub lodge, or a luxurious hotel, there's plenty on offer. Book your stay at [visitlakedistrict.com/accommodation](https://www.visitlakedistrict.com/accommodation)

TAKE A PIECE OF CUMBRIA HOME



Our region has a vibrant community of quality artisan producers and makers whose goods can be found in far flung corners of the globe. From food and drink, sweet treats to exquisite crafts, the stamp 'Made in Cumbria' has become synonymous with taste and quality.

We've pulled together a few of our favourites, and recommended "must visit" local high streets thriving with independent stores. Many have online shops too, so you can carry on your love affair with Cumbrian produce to gift or enjoy long after you've left.

DISTINCTIVE GIFTS

Made on site, Honister Slate Mine's Green Slate products are distinctive and last the test of time.

What about a Cumbria Crystal decanter from Ulverston, as featured in Downtown Abbey?

Treat yourself to a lampshade, cushion or bag made from Cable & Blake's beautiful Herdwick fabric.

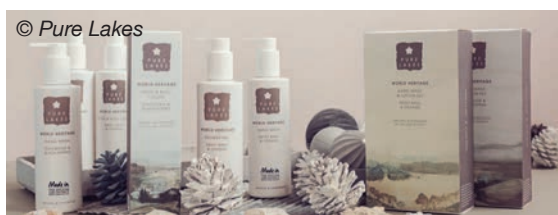
Put your favourite Cumbrian landscape on your wall as captured by one of many printmakers and painters.

Our arts and heritage centres have wonderful gift shops brimming with unique items including books, organic skincare, luxury perfume, ceramics, candles and jewellery.

You'll also find ethical toys and clothing for children, plus official Beatrix Potter™ gifts.



© Northern Lights Gallery



© Pure Lakes



© Fultons



© Peter Rabbit® & Friends Shop



© Cumbria Crystal



© Honister Slate Mine

TASTY SAMPLES

Visit one of Cumbria's many festivals of local producers – it's a chance to meet the makers. We are famous for our locally made relishes, gin, gingerbread, puddings, beer and sausages.



© Grasmere Gingerbread®



INDEPENDENT HIGH STREETS

Carlisle, Cockermouth, Grange-over-Sands, Hawkshead, Kendal, Kirkby Lonsdale, Penrith, Sedbergh and Ulverston are all on our list for a bit of retail therapy. It's their mix of elegant heritage with cool and contemporary that make them special.



© inov-8 Forge Store

OUTDOOR GEAR

With this landscape it's no wonder we have an extensive selection of outdoor retailers to make sure you are fully prepared for a fun, safe day in the great outdoors.

Discover CUMBRIA'S UNIQUE HIGH STREETS

From the heart of town to the coast – experience high streets from a different point of view | www.visitlakedistrict.com/highstreets



BARROW

Home to Cumbria's largest indoor market and a host of independent retailers

Barrow-in-Furness | Dalton-in-Furness | Askam-in-Furness



COPELAND

Where the mountains meet the sea, and local producers, young entrepreneurs and artisans flourish

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SOUTH LAKELAND

From historic market towns to coastal villages, a warm welcome awaits

Arnside | Kendal | Ulverston | Sedbergh | Kirkby Lonsdale | Grange-over-Sands

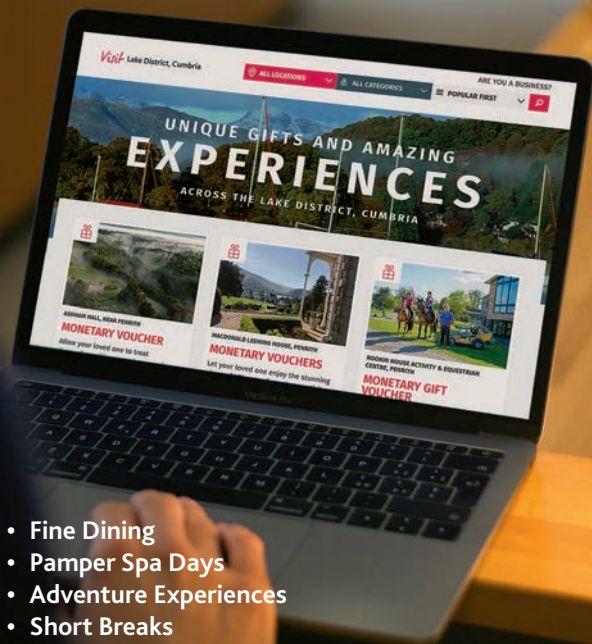
| Hawkshead | Bowness & Windermere | Grasmere | Coniston | Ambleside

WELCOME BACK FUND Please be responsible when you visit. Keep up-to-date with the latest HM Government guidelines to protect yourself and others. Above all stay safe and enjoy your visit.



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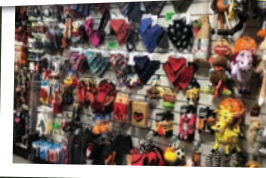
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Still family-owned, we pride ourselves on the quality of our products and service – offering an unrivalled collection of creative kitchenware and inspiring gifts from all over the world. And so you can shop with complete confidence, everything you buy comes with a 3-year guarantee.

While you're here, take a break from shopping and visit our in-store café, The Café at Lakeland, serving delicious Cumbrian food and fresh home-made cakes every day.

**Come and see us –
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-  Order by post
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Visit lakeland.co.uk for up-to-date information and opening times.
Lakeland, Alexandra Buildings, Windermere, Cumbria LA23 1BQ



VISIT Barrow

From exploring the historic ruins of Piel Castle and Furness Abbey to entertaining family days out at The Dock Museum and Safari Zoo. Not to mention a trip to the beach to soak up the breath-taking coastal views or even wildlife spotting at South Walney Nature Reserve. There is so much to discover in and around Barrow-in-Furness you are going to need to visit more than once.

Festivals & Events | Miles of Walking & Cycling Routes | 60 Miles of Coastline | Shopping | Great Value Accommodation



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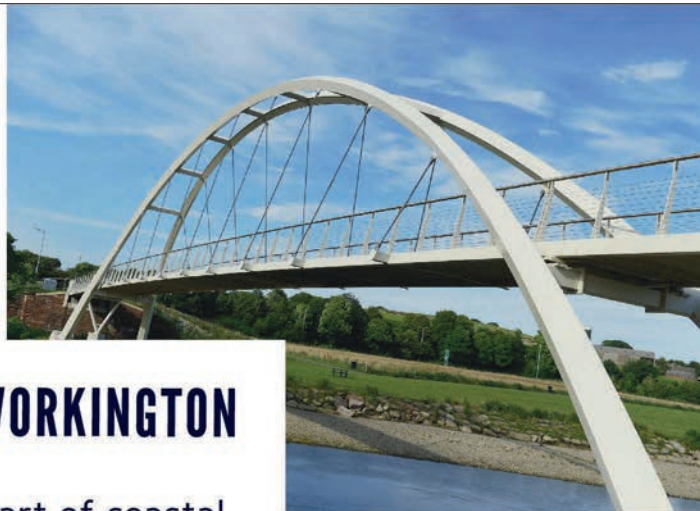
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Barrow





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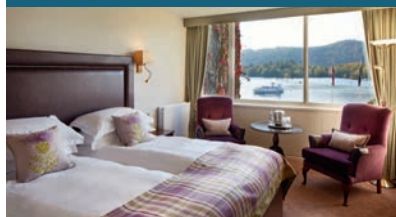
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Closing date 31 December 2022. Terms and conditions apply.

TRAVEL



GETTING HERE

The Lake District, Cumbria, sits in England's north-western corner and is surprisingly quick and easy to reach via train, coach and of course, by car.

The way we get around is changing.

As we become more environmentally conscious and look to reduce our carbon footprint, alternatives to using our cars will increasingly become the way we choose to travel. Make the journey part of the experience.



RAIL

The West Coast Mainline transports visitors to the Lake District in just 2hrs 45 mins from London Euston, 2hrs from Glasgow, under 2.5hrs from Birmingham and 1.5hrs from Manchester. Alight at Oxenholme Lake District to connect with the Lakes Line for Central and Southern Lakes; Penrith for the North Lakes; and Carlisle for North Cumbria. Change at Lancaster or Carlisle for connections to Morecambe Bay and the Cumbrian Coast.

CAR

You can reach Cumbria via the M6 motorway. Approximately 4hrs drive from London, 2hrs from the Midlands, 2.5hrs from Glasgow and 1.5hrs from Manchester. There is a network of EV charge points across the county, but it is worth checking where before you travel. If you are planning to come by motorhome or campervan then our new Motorhome Guide to Cumbria can be found at [visitlakedistrict.com/vanlife](https://www.visitlakedistrict.com/vanlife). We even have a new route, The CCR 200, which takes in approximately 200 miles of Cumbria's stunning Coast.

GETTING AROUND

Once you've arrived, you can explore the region in a variety of different ways. Why not use our public transport? Hop aboard an open top bus, train or boat so you can sit back and soak up the spectacular views. Get closer to the landscape and move around by bicycle or on foot. If bringing an electric vehicle there are plenty of charge points. Savour every moment. Make every journey count.

Our local train lines connect to the West Coast Mainline and can take you to Windermere (the heart of the World Heritage Site), around the stunning Morecambe Bay, and along the entire length of the Cumbrian Coast. Buses, boats, bikes and boots can all help you explore further afield. Plus a day spent without your car helps to reduce carbon emissions and look after this beautiful area.

© National Trust / Paul Harris



VINTAGE POWER

We have charming heritage transport options that are a day out in their own right. Ravenglass & Eskdale Railway takes in estuary, woodland and mountains on its route; while South Tynedale Railway is the second highest narrow gauge railway in England. Lakeside and Haverthwaite Railway connects with Windermere Lake Cruises. Windermere Jetty Museum offers vintage boat trips. Take a tranquil cruise with Ullswater 'Steamers', explore Derwentwater aboard Keswick Launch, puff across Coniston on the Steam Yacht Gondola.



HORSE POWER

What better way to explore the landscape than on horseback?

There are plenty of horse riding centres to choose from, offering lessons and treks for novice to experienced riders.



BUS POWER

The bus offers a convenient way to explore our region. Whether sitting back on the top deck of an open-top bus or tackling our mountain passes on a Mountain Goat tour. The bus is both versatile and liberating, freeing you up to just enjoy the views.

There are some great services offering hop-on-hop-off options connecting to walks or attractions.

PEDAL POWER

Cumbria is made for cycling. The National Cycle Network offers many well sign-posted routes. Long-distance challenges include the Lakes & Dales Loop, Hadrian's Wall, Pennine Cycleway, Coast-to-Coast (C2C), Bay Cycle Way and the Solway Coaster. For off-road mountain bike trails go to Whinlatter, Grizedale and Lowther. Bring your own or hire wheels, including electric bikes, from one of the many providers.



© Cumbria County Council



FERRY POWER

Windermere Ferry takes cars, people, horses and cyclists across the lake, linking the eastern shore with the peaceful countryside on the west shore. It provides access to the thriving Lakeland villages of Coniston, Sawrey and Hawkshead.

BE LOOKED AFTER...



© Lindeth Howe

HOTELS

One of the great things about a holiday in the Lake District, Cumbria, is the sheer variety of places to rest your head at night. With every type of hotel imaginable, we've got your needs and budget covered! Choose from remote retreats with stunning views, bustling town centre boltholes in the heart of the action, family run independents, five star luxury, and much more. With the highest reputation for quality and service, you're sure to have a wonderful stay.

BED & BREAKFASTS

For a more personal experience and a chance to chat with the locals who have made Cumbria their home, B&Bs are ideal. Enjoy a delicious home-cooked breakfast and a stay full of heart and hospitality. There are literally hundreds of Bed & Breakfasts to choose from, each with their own distinctive character and many with picture postcard views of the lakes and mountains.



For booking and enquiries call: **015394 46226**

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Visit our website www.burnhow.co.uk to look at the variety of rooms we have to offer or call us for a chat on 015394 46226 to arrange that longed for time away after lockdown.

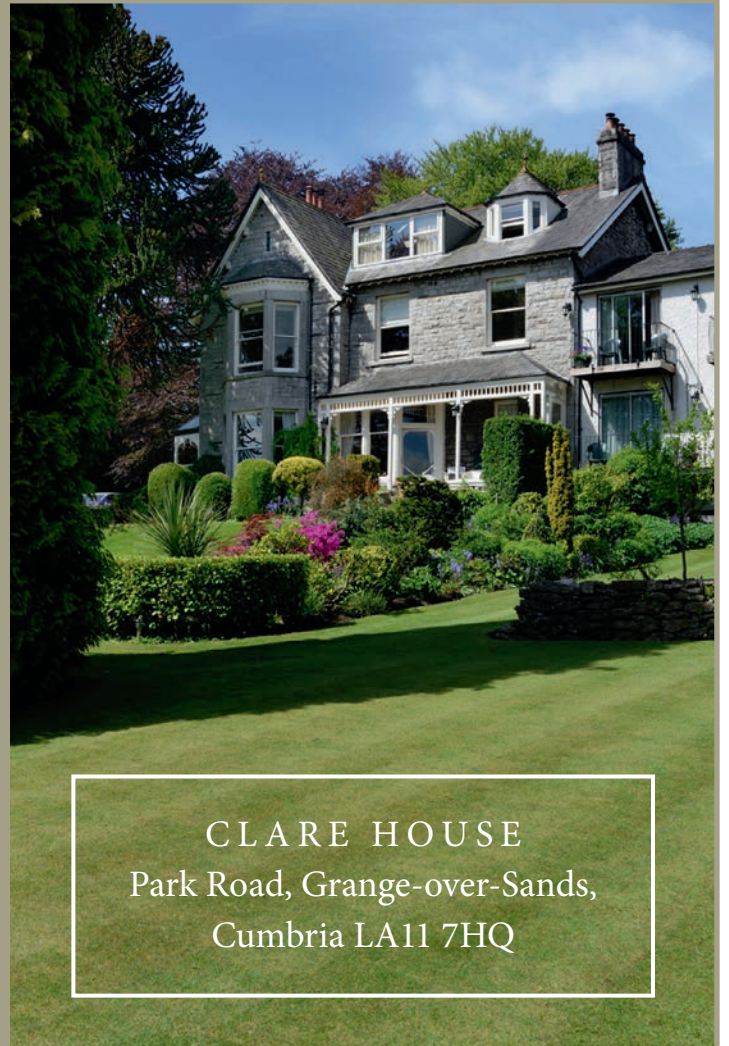
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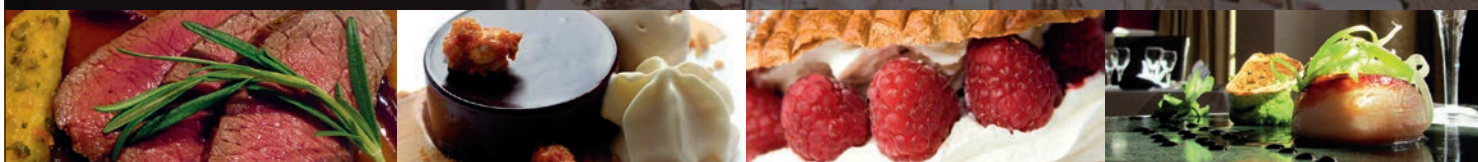
The Scafell Hotel is a wonderful Country House Hotel located in the very heart of Borrowdale, considered by many as England's finest valley, surrounded by mighty fells, tranquil meadows and crystal clear waters. A paradise for the walker and a perfect centre from which to visit other parts of the Lake District.

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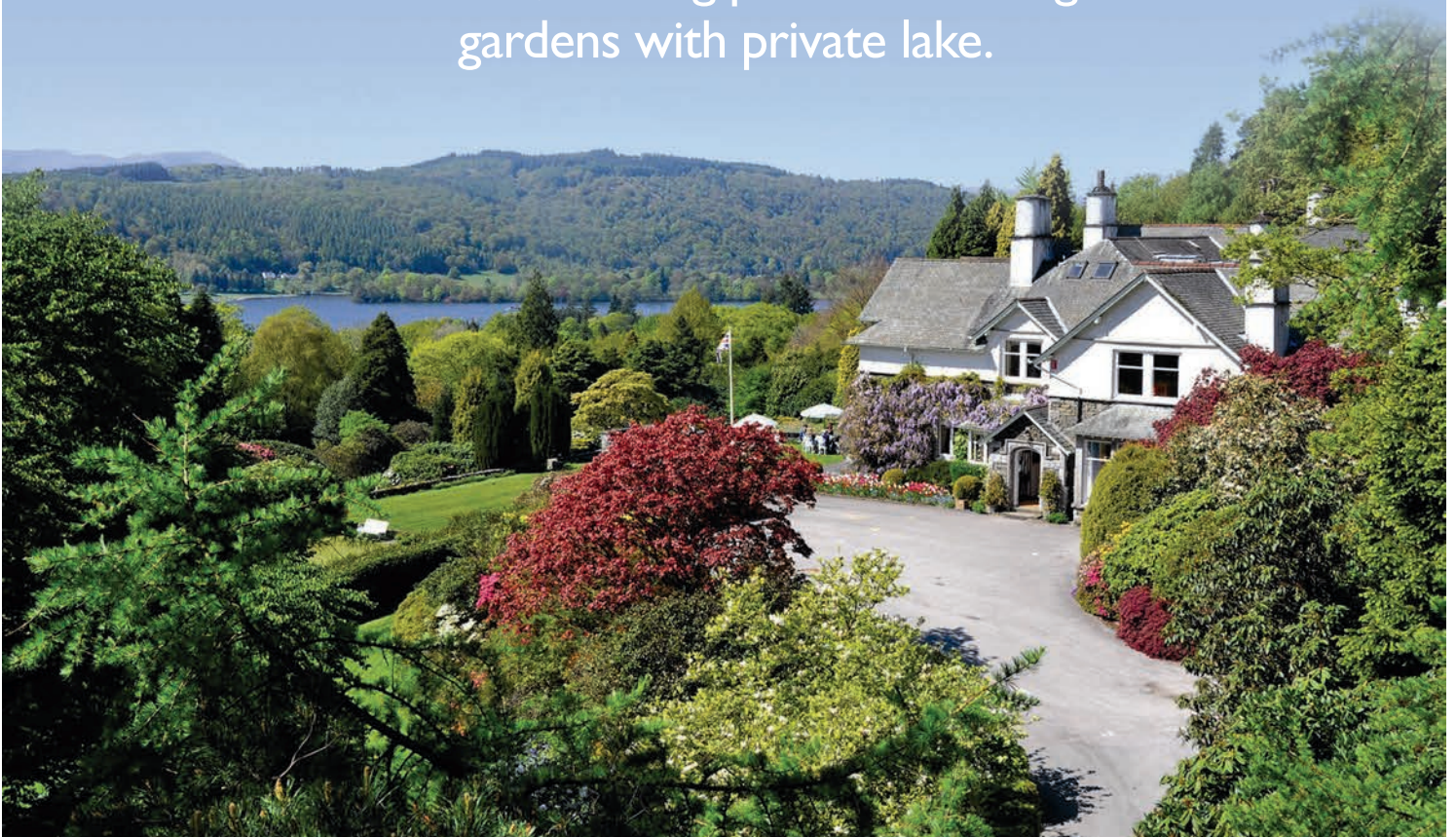
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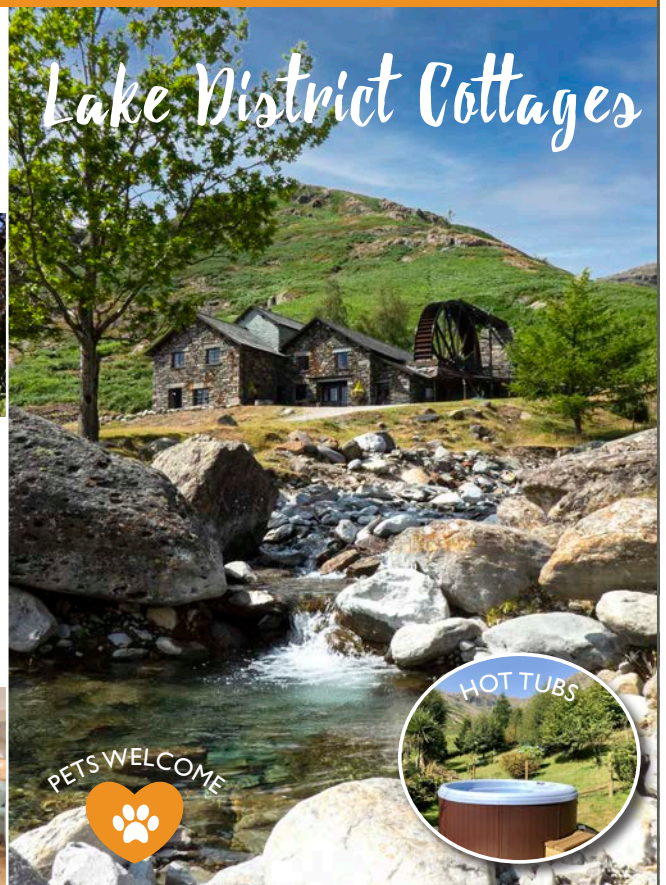


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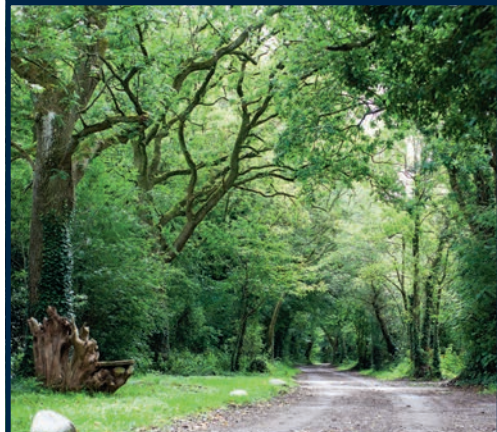
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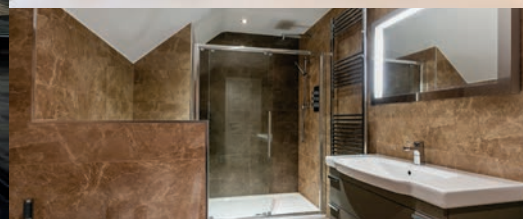
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If you don't have your own caravan but want to stay in one, have a look at our lovely holiday parks; or if it's a retro caravan experience you're after, browse our glamping options.

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See page 85 for more motorhome inspiration

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Park Cliffe

Lake District camping at its best!

Set above the eastern shores of Windermere, Park Cliffe is a peaceful, family friendly holiday park offering stunning views and great facilities. A warm welcome awaits you.



Touring caravans & motorhomes | Camping | Luxury static caravans | Self-catering cottage | The Shepherd's Hut | Large range of glamping pods
Park Cliffe, Birks Road, Windermere, Cumbria, LA23 3PG | 015395 31344 | info@parkcliffe.co.uk | www.parkcliffe.co.uk [@](#) [T](#) [F](#)

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MOTORHOMES & CAMPERVANS



Choose from one of the many superbly equipped sites, park-up, and get the kettle on! Coastal, woodland, lake or valley sites of varying sizes, with grass or hard-standing pitches: whatever you are looking for you are sure to find it here.

The road network in Cumbria was originally planned more for horses and carts than modern vehicles. Luckily most of our narrow country roads have passing places to avoid congestion, but it's important not to park in these and to avoid narrow passes and single-track roads wherever possible. Be careful never to block roads and gateways.

Be inspired by our Cumbrian Coastal Route 200. This 200 mile tour has been designed to help you to explore this captivating and unique area. The route has been split into five smaller sections, all do-able in a day.

Once you're parked up and set up why not explore the local area on foot, by bike, boat, or maybe even horse or Segway!

Our online guide has all the information you need to plan your next getaway to the Lake District, Cumbria, in your van visitlakedistrict.com/vanlife



INFORMATION

ACCOMMODATION

Tourism businesses throughout the county strive to provide the highest standards of both quality and customer service to ensure you have a special and memorable visit.

Accommodation featured in this guide has been assessed to either the National Quality Assurance Standards (star rated schemes), assessed under our local initiative Quality Cumbria, or have signed the Cumbria Tourism Quality Accommodation Charter.

NATIONAL QUALITY ASSURANCE STANDARDS

There are two national assessing bodies, VisitEngland and the AA.

Properties are given a quality rating of 1-5 stars and display one of the following marques.



These quality ratings indicate the overall accommodation standard, cleanliness, ambience, hospitality, service and quality of food. Generally, the higher star rating, the higher the quality and the greater the range of facilities and services offered for each category.

DOGS WELCOME

Some establishments may have restrictions therefore please check before booking/visiting.

QUALITY CUMBRIA & SUPERIOR AWARD

Quality Cumbria is a local assessment delivered by Cumbria Tourism. Although not star rated, accommodation is accredited to the National Quality Assurance Standards, ensuring they are safe, clean and comfortable.

For more information about Quality Cumbria and the Superior Award call Cumbria Tourism on **01539 822222**



KNOW BEFORE YOU GO

It's so easy to plan your visit in advance, with a helping hand from our **Know Before You Go** guide at: visitlakedistrict.com/knowbeforeyogo

Whether you're searching for somewhere to stay or places to go, look out for the official 'We're Good To Go' logo to ensure the highest safety standards.

ADDITIONAL AWARDS

Both VisitEngland and the AA give additional awards for accommodation and food and drink establishments.

For more information please visit theaa.com/hotel-services/ratings-and-awards and visitenglandassessmentservices.com

ACCOMMODATION PRICES

Prices for all listed accommodation include tax and service charges.

ACCESSIBILITY

Cumbria offers many opportunities for less able visitors to enjoy this unique county. Many accommodation providers, restaurants and attractions cater for all needs and will happily accommodate specific requirements.

NATIONAL ACCESSIBLE SCHEME

If you have particular mobility, visual or hearing needs, look for the following symbols. These show that they have met VisitEngland's National Accessible Scheme criteria. For a full explanation of these symbols, visit www.visitengland.org



ATTRACTIONS

QUALITY ASSURED VISITOR ATTRACTIONS



Visitor Attractions displaying this sign have been assessed by VisitEngland for the standard of customer care, hospitality and service, as well as the standard of the toilets, shop and café, where applicable.

NATIONAL CODE OF PRACTICE FOR VISITOR ATTRACTIONS

Many Visitor Attractions are committed to this voluntary code operated by VisitEngland. It demonstrates a commitment to quality and an agreed industry-wide standard.

GREEN AND ENVIRONMENTAL ACCREDITATIONS



Cumbria Tourism recognises a range of green and environmental initiatives. These schemes and accreditations show a commitment to reducing the impact on the environment and managing resources more efficiently.

COMPLIMENTS, COMMENTS AND CONCERNS

We welcome feedback about your visit to The Lake District, Cumbria. Should a problem arise during your stay, whenever possible, discuss it with the management of the property first. If not resolved, professional advice is available from a variety of sources.

For full details about the help available to you please visit visitlakedistrict.com/feedback or call Cumbria Tourism on 01539 822222

ACCESS STATEMENTS

All accommodation will have an Access or Accessibility Statement. This is a written, clear, accurate and honest description of the facilities and services available. It will help you make an informed decision about whether that business can meet your needs. To plan the perfect stay, discuss your needs with the chosen establishment before making your booking.

LISTINGS KEY

- Open all year
- Wet weather attraction
- Refreshments available
- Attraction suitable for children
- Dogs welcome throughout
- On rail route (check for details)
- On bus route (check for details)
- Accessible by boat (check for details)
- Electric bike charge point
- Electric vehicle charging point nearby
- Majority of property accessible for wheelchair users
- Majority of property accessible for wheelchair users travelling with a helper
- Private parking available
- Free Wi-Fi
- Leisure facilities on site or free locally
- VisitEngland
- Green Tourism Award
- Cumbria Tourism Dark Skies Accreditation
- VisitEngland Quality Assured Visitor Attraction



This national accreditation means businesses are adhering to the Government and public health guidance, have carried out a COVID-19 risk assessment, and have the required processes in place to ensure that the care of both staff and visitors is central to everything they do.

FURTHER INFORMATION

There is a wealth of information for visitors with disabilities. Visit any Tourist Information Centre for maps showing accessible areas, walks and facilities.

Information for Tourist Information Centres can be found on page 96.

ATTRACTIONS DIRECTORY

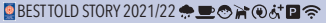
The key to facilities can be found on page 87. The map can be found on page 97. Attractions are listed under the nearest main town or easily recognised place. Please check the businesses website for accurate location and direction information.

TRAVEL & EVENTS	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
CARLISLE (F3)				
Discover Carlisle	01228 598596	discovercarlisle.co.uk		98-99
KENDAL, INCLUDING LEVENS & MILNTHORPE (G10 / G11)				
Westmorland County Agricultural Society	01539 567804	westmorlandshow.co.uk		34
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9)				
English Lakes Tours	0333 3350042	englishlakestours.com		-
Mountain Goat Tours	01539 445161	mountain-goat.com		-
VARIOUS LOCATIONS				
Avanti West Coast	-	avantiwestcoast.co.uk		-
Lake District Summer Music	01539 266201	ldsm.org.uk		35
Lakeside Travel Services	01539 239239	lakesidetravelservices.co.uk		-
Northern Railway	0800 2006060	northernrailway.co.uk		-
Reays Coaches	01697 349999	reays.co.uk		-
Stagecoach	01539 722143	stagecoachbus.com		28
TransPennine Express	-	tpexpress.co.uk		-

ADVENTURE	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
CONISTON (E9)				
Joint Adventures	07967 380734	jointadventures.co.uk		-
HAWKSHEAD (E9)				
Graythwaite Adventure	07498 574659	graythwaiteadventure.co.uk		29
KESWICK (D6 / D7)				
Cyclewise Whinlatter Trail Centre Bike Hire	01768 778711	cyclewise.co.uk		26
Derwent Water Marina	01768 772912	derwentwatermarina.co.uk		-
Honister Slate Mine	01768 777230	honister.com		31
GoApe Whinlatter	01768 778349	goape.co.uk		28
KIRKBY IN FURNESS (D11)				
Path to Adventure	07891 798341	paththeadventure.co.uk		-
KIRKBY LONSDALE (H11)				
Crabtree Clay Shoot	07818 080841	crabtreeclayshoot.co.uk		26
MILLOM (C11)				
Cumbrian Heavy Horses	01229 777764	cumbrianheavyhorses.com		31
PENRITH & POOLEY BRIDGE (F6 / G6)				
Arragon's Cycle Hire	07745 190227	arragonscyclehire.com		29
Rookin House Equestrian & Activity Centre	01768 483561	rookinhouse.co.uk		26
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9)				
Aquatic-Quays Hire Boats	01539 442121	aquaticboatcentres.com		27
Kankku	01539 447414	kankku.co.uk		29
Total Adventure Bike Hire	01539 443151	total-adventure.co.uk		31
Treetop Trek	01539 447186	treetoptrek.co.uk		26
Windermere Canoe Kayak	01539 444451	windermerecanoekayak.com		31
VARIOUS LOCATIONS				
Anyone Can	01539 310041	anyonecan.uk		-
The Lakes Mountaineer	07903 456136	thelakesmountaineer.co.uk		-

ADVENTURE	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
VARIOUS LOCATIONS				
Forestry England: Grizedale / Whinlatter	0300 0674495	forestryengland.uk		30
Lake District White Water Rafting	07970 063381	lakedistrictwhitewaterrafting.co.uk		29
Large Outdoors	01653 740400	largeoutdoors.com		100
Wandering Aengus Treks	07789 868977	wanderingaengustreks.com		-

HERITAGE, ARTS & CULTURE	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
AMBLESIDE (F9)				
Old Courthouse Gallery	01539 432022	oldcourthousegallery.com		35
CARLISLE (F3)				
Tullie House	01228 618718	tulliehouse.co.uk		37
CONISTON (E9 / E10)				
Brantwood: John Ruskin's Home	01539 441396	brantwood.org.uk		34
ESKDALE & RAVENGLASS (B9 / C9)				
Eskdale Mill	01946 723335	eskdalemill.co.uk		38
GRASMERE (E8)				
Wordsworth Grasmere	01539 435544	wordsworth.org.uk		39
KENDAL, INCLUDING LEVENS & MILNTHORPE (G10 / G11)				
Brewery Arts	01539 725133	breweryarts.co.uk		-
Levens Hall	01539 560321	levenshall.co.uk		-
Quaker Tapestry Museum	01539 722975	quaker-tapestry.co.uk		-
Westmorland County Agricultural Society	01539 567804	westmorlandshow.co.uk		34
KESWICK (D6)				
Derwent Pencil Museum	01768 773626	derwentart.com		34
Keswick Alhambra Cinema	01768 772195	keswickalhambra.co.uk		38
MARYPORT (B5)				
The Lake District Coast Aquarium	01900 814774	coastaquarium.co.uk		37
Senhouse Roman Museum	01900 816168	senhousemuseum.co.uk		37
NEWBY BRIDGE, INCLUDING BACKBARROW (E11 / F11)				
Lakeland Motor Museum	01539 530400	lakelandmotormuseum.co.uk		43
PENRITH & POOLEY BRIDGE (G6)				
Dalemain Mansion & Historic Gardens	01768 486450	dalemain.com		-
Lowther Castle & Gardens	01931 712192	lowthercastle.org		35
Rheged	01768 868000	rheged.com		36
WHITEHAVEN (A7)				
The Beacon Museum	01946 592302	thebeacon-whitehaven.co.uk		37
The Rum Story	01946 590515	rumstory.co.uk		-
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9 / F10)				
Blackwell, The Arts & Crafts House	01539 446139	blackwell.org.uk		38
Windermere Jetty Museum	01539 637940	windermerejetty.org		38
ULVERSTON (E11)				
The Coro		thecoro.co.uk		36
Cumbria Crystal	01229 584400	cumbriacrystal.com		-
Laurel and Hardy Museum	01229 582292	laurel-and-hardy.co.uk		38
VARIOUS LOCATIONS				
Lake District Summer Music	01539 266201	ldsm.org.uk		35
National Trust	01539 435599	nationaltrust.org.uk/thelakes		48
Visit Eden	01768 867466	visiteden.co.uk	-	34

FAMILY	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
AMBLESIDE (F9)				
Windermere Lake Cruises	01539 443360	windermere-lakecruises.co.uk		43
BARROW-IN-FURNESS (D12)				
The Dock Museum	01229 876400	dockmuseum.org.uk		42
CONISTON (E9)				
Coniston Boating Centre	01539 441366	conistonboatingcentre.co.uk		46
ESKDALE & RAVENGLASS (B9 / C9)				
Muncaster Castle, Gardens and Hawk & Owl Centre	01229 717614	muncaster.co.uk	 BEST TOLD STORY 2021/22 	42
Ravenglass and Eskdale Railway	01229 717171	ravenglass-railway.co.uk	 SILVER 	49
GLENRIDDING & PATERDALE (F7)				
Ullswater 'Steamers'	01768 482229	ullswater-steamers.co.uk	 GOLD 	49
KENDAL, INCLUDING LEVENS (G10)				
Kendal Golf Driving Range	01539 733933	-		42
Lakeland Maze Farm Park	01539 560306	lakelandmaze.co.uk		42
KESWICK (D6 / D7)				
Keswick Launch	01768 772263	keswick-launch.co.uk		45
The Puzzling Place	01768 775102	puzzlingplace.co.uk		45
Visit Keswick, the Lake District	01768 775738	visitkeswick.com	-	49
NEWBY BRIDGE, INCLUDING BACKBARROW & LAKESIDE (E11 / F10 / F11)				
Lakes Aquarium	01539 530153	lakesaquarium.co.uk		42
Lakeside and Haverthwaite Railway	01539 531594	lakesiderailway.co.uk		45
Windermere Lake Cruises	01539 443360	windermere-lakecruises.co.uk		43
PENRITH & POOLEY BRIDGE (G6)				
Arragon's Cycle Hire	07745 190 227	arragonscyclehire.com		45
Ullswater 'Steamers'	01768 482229	ullswater-steamers.co.uk	 GOLD 	49
SILLOTH (C3)				
Soldiers in Silloth	01697 331246	soldiersinsilloth.co.uk		42
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9)				
Brockhole on Windermere	01539 446601	brockhole.co.uk		46
Windermere Lake Cruises	01539 443360	windermere-lakecruises.co.uk		43
The World of Beatrix of Potter Attraction	01539 488444	hop-skip-jump.com		44
VARIOUS LOCATIONS				
Accessible Adventures in Morecambe Bay	-	moretoexplore.uk		44

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FIND YOUR PERFECT PLACE TO BE

THE LAKE DISTRICT, CUMBRIA

Book your perfect place to rediscover at [Visitlakedistrict.com](https://www.visitlakedistrict.com)

FOOD & DRINK	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
AMBLESIDE (F9)				
The Flying Fleece	01539 423424	theflyingfleece.co.uk		-
The Tap Yard	01539 423234	tap-yard.com		-
HAWKSHEAD (E9)				
Hawkshead Relish Company	01539 436614	hawksheadrelish.com		52
KESWICK, INCLUDING BASSENTHWAITE (D6 / D7)				
The Bench Cafe at Fultons	01768 779798	fultonjewellery.co.uk		53
Keswick Brewery Fox Tap, Beer Shop & Tours	01768 780700	keswickbrewery.co.uk		53
KIRKBY LONSDALE (H11)				
The Copper Kettle	01524 271714	copperkettlekirkbylonsdale.co.uk		52
PENRITH & POOLEY BRIDGE (G6)				
Askham Hall	01931 712350	askhamhall.co.uk	AA***** ★ Michelin star	53
George and Dragon, Clifton	01768 865381	georgeanddragonclifton.co.uk	AA® AA*****GOLD	53
The Queen's Head, Askham	01931 712225	queensheadaskham.co.uk		53
ULVERSTON (E11)				
Gillam's Tearoom	01229 587564	gillams-tearoom.co.uk		53
Shed 1 Distillery	07794 699913	shed1distillery.com		52
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9)				
The Arts Bar	01539 423334	the-arts-bar.co.uk		-
BAHA	01539 277515	bahabowness.com		-
Caffé Riva	01539 423232	cafferiva.co.uk		-
The Fizzy Tarté	01539 443773	thefizzytarte.com		-
The Flying Pig	01539 423023	theflyingpigbowness.co.uk		-
The Lamplighter Dining Rooms	01539 443547	lamplighterdiningrooms.com		54
VARIOUS LOCATIONS				
Booths		booths.co.uk		54

SHOPPING	TEL. NO.	WEBSITE	AWARDS & FACILITIES	PAGE
BARROW-IN-FURNESS (D12)				
Visit Barrow	-	visitbarrow.org.uk		62
GRASMERE (E8)				
The Grasmere Gingerbread® Shop	01539 435428	grasmeregingerbread.co.uk		23
KESWICK (D6 / D7)				
Fultons Lakes Jewellery Works	01768 779798	fultonjewellery.co.uk		59
PENRITH & POOLEY BRIDGE (G6)				
Chestnut House and The Barn	01768 486444	chestnuthouseonline.co.uk		60
STAVELEY (G9)				
Pure Lakes	01539 822999	purelakes.co.uk		-
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9)				
Lakeland	01539 488100	lakeland.co.uk		61
WORKINGTON (A6)				
Visit Workington	01900 702986	visitworkington.co.uk		63
VARIOUS LOCATIONS				
The Lake District Umbrella Company	01539 324017	thelakedistrictumbrellacompany.co.uk		59
Welcome Back to High Streets	-	visitlakedistrict.com/highstreets		58

ACCOMMODATION DIRECTORY

Prices shown are an approximate minimum nightly room charge for 2 people sharing a double/twin-bedded and are for guidance only (with the exception of those with an * which are PPPN). Please contact the business directly (or see listings on visittolakedistrict.com) for an accurate quote for the dates and room types you require. The key to facilities and information on quality gradings can be found on pages 86-87. The map can be found on page 97. Accommodation is listed under the nearest main town or easily recognised place. Please check the businesses website for accurate location and direction information.

SERVICED ACCOMMODATION	WEBSITE	PRPN from £	AWARDS & FACILITIES	PAGE
AMBLESIDE, INCLUDING RYDAL (F8 / F9)				
Briery Wood Country House Hotel	lakedistrictcountryhotels.co.uk	£149	AA**** AA@ @ @ @ @ @ @ @ @ @	-
Crow How Country House	crowhow.co.uk		@ @ @ @ @	-
Elterwater Independent Hostel	elterwaterhostel.co.uk	£70	VE*** @ @ @ @	-
Haven Cottage	haven-cottage.co.uk	£95	VE**** VEGOLD VEBREAKFAST AWARD @ @ @ @	-
Lattendales Guest House	lattendales.co.uk	£80	QUALITY CUMBRIA @ @ @ @ @	-
Rothay Garth Hotel	rothay-garth.co.uk	£86	VE**** @ @ @ @ @ @ @ @ @ @	-
CARLISLE & HADRIAN'S WALL (E2 / F3 / G2)				
Hullerbank Farmhouse	hullerbank.co.uk	£85	VE**** P @	-
The Sally	thesallyirthington.co.uk	£110	QUALITY CUMBRIA SUPERIOR @ @ @ @ @ @ @ @ @ @	69
COCKERMOUTH (C6, C7, D6)				
The Art Lounge	artloungebandb.co.uk	£110	@ @ @ @ @ @ @ @	69
Trout Hotel	trouthotel.co.uk	£82	@ @ @ @ @ @ @ @	-
CONISTON (E9)				
The Yewdale Inn	yewdaleinn.com	£100	@ @ @ @ @ @ @ @	-
GLENRIDDING & PATERDALE (F7)				
Beech House	beechhouse.com	£75	QUALITY CUMBRIA @ @ @ @ @ @ @ @	-
The Patterdale Hotel	patterdalehotel.co.uk	£40	@ @ @ @ @ @ @ @	-
GRANGE-OVER-SANDS, INCLUDING CARTMEL FELL (F12)				
Clare House Hotel	clarehousehotel.co.uk	£110	AA**RED INSPECTORS CHOICE AA@ VEGOLD VEBREAKFAST AWARD @ @ @ @ @	67
GRASMERE (E8)				
Tweedies Bar & Lodge	tweediesgrasmere.com	£150	QUALITY CUMBRIA @ @ @ @ @ @ @ @ @ @	-
HAWKSHEAD (E9)				
The Queens Head Inn & Restaurant	queensheadhawkshead.co.uk		@ @ @ @ @ @ @ @ @ @	68
KENDAL, INCLUDING BRIGSTEER & LEVENS (G10 / G11 / H9)				
The Castle Green Hotel in Kendal	castlegreen.co.uk	£110	@ @ @ @ @ @ @ @ @ @ @ @ @ @	-
The Glen Guest House	glen-kendal.co.uk		VE****SILVER @ @ @ @	-
The Masons Arms	masonsarmsstrawberrybank.co.uk		@ @ @ @ @ @ @ @	68
The Wheatsheaf Inn	thewheatsheafbrigsteer.co.uk		@ @ @ @ @ @ @ @	68
KESWICK INCLUDING ROSTHWAITE (D6 / D7 / E7)				
Greystoke House	greystokeguesthouse.co.uk	£40	@ @ @ @	-
Horse and Farrier Inn	horseandfarrier.com	£99	@ @ @ @ @ @ @ @ @ @	-
The Keswick Country House Hotel	thekeswickhotel.co.uk	£62	AA*** @ @ @ @ @ @ @ @ @ @	-
Leonard's Field Guest House	leonardsfieldhouse.com	£92.50	VE**** VESILVER VEBREAKFAST AWARD @ @ @ @ @	69
Lindisfarne House	lindisfarne-keswick.co.uk	£100	@ @	69
Scafell Hotel	scafell.co.uk	£190	AA***SILVER AA@ @ @ @ @ @ @ @ @ @	71
Sunnyside Guest House	sunnysideguesthouse.com	£95	QUALITY CUMBRIA @ @ @ @ @	69
KIRKBY STEPHEN (K8)				
High Greenside Farmhouse B&B	highgreensidebandb.co.uk	£70	@ @ @ @ @	-
NEWBY BRIDGE (F11)				
The Swan Hotel & Spa	swanhotel.com	£140	AA**** @	72
PENRITH, POOLEY BRIDGE (F7 / G6)				
Another Place, The Lake	another.place		@ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @	-

SERVICED ACCOMMODATION	WEBSITE	PRPN from £	AWARDS & FACILITIES	PAGE
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9 / F10)				
The Belsfield	thebelsfieldhotel.com	£169	AA**** AA@ @ @ @ @ @ @ @ @ @	-
Bowfell Cottage	bowfell-cottage.co.uk	£66	@ @ @ @ @	69
The Burn How Garden House Hotel	burnhow.co.uk	£105	VE*** VEBREAKFAST AWARD @ @ @ @ @ @ @ @	67
Cedar Manor	cedarmanor.co.uk	£155	AA*****GOLD @ @ @ @ @ @ @ @	71
Cragwood Country House Hotel	lakedistrictcountryhotels.co.uk	£169	AA**** AA@ @ @ @ @ @ @ @ @ @	-
Gilpin Hotel & Lake House	thegilpin.co.uk	£295	AA*****RED INSPECTORS CHOICE *Michelin star AA@ @ @ @ @ @ @ @ @ @	73
The Howbeck	howbeck.co.uk	£135	@ @ @ @ @ @ @ @	-
Ivythwaite Lodge	ivythwaitelodge.co.uk	£93	🌿 SILVER @ @ @ @ @ @ @ @ @ @	-
Lindeth Fell Country House	lindethfell.co.uk	£249	AA*****GOLD @ @ @ @ @	75
Lindeth Howe Hotel	lindeth-howe.co.uk	£190	AA**** AA@ @ VE****GOLD VEBREAKFAST AWARD @ @ @ @ @ @ @ @ @ @	71
Macdonald Old England Hotel & Spa	macdonaldhotels.co.uk		@ @ @ @ @ @ @ @ @ @ @ @ @ @ @ @	70
Merewood Country House Hotel	lakedistrictcountryhotels.co.uk	£159	AA****SILVER AA@ @ @ @ @ @ @ @ @ @	-
Oakfold House	oakfoldhouse.co.uk	£65	@ @ @ @ @ @ @ @	-
The Queens Head Troutbeck	queensheadtroutbeck.pub		@ @ @ @ @ @ @ @ @ @	68
Storrs Hall	storrshall.com	£200	AA**** @ @ @ @ @ @ @ @ @ @ @ @ @ @	74
WORKINGTON (A6)				
Armidaile Cottages B&B	armidailecottages.co.uk	£49.50	QUALITY CUMBRIA @ @ @ @ @ @ @ @ @ @	-

SELF-CATERING ACCOMMODATION	WEBSITE	PER WEEK FROM £	AWARDS & FACILITIES	PAGE
APPLEBY-IN-WESTMORLAND (J6 / J7)				
Milburn Grange Cottages	milburngrange.co.uk	£380	VE*** - VE*** ★ ★ ★ ★ ★	79
CARLISLE & HADRIAN'S WALL (E3 / F2)				
Rose Cottage	rosecottageinthelakes.co.uk	£595	VE*****GOLD ★ ★ ★ ★ ★	-
The Tranquil Otter	thetranquilotter.co.uk	£1000	VE*****GOLD ★ ★ ★ ★ ★ ★ ★ ★ ★ ★	78
CARNFORTH (G12)				
Tewitfield Marina	tewitfieldmarina.co.uk	£560	★ ★ ★ ★ ★ ★ ★ ★	83
CONISTON (E9)				
Coniston Holidays	conistonholidays.co.uk	£330	VE*** ★ ★ ★ ★ ★	-
The Coppermines Lakes Cottages	coppermines.co.uk	£369	QUALITY CUMBRIA VE*** - *****GOLD ★ ★ ★ ★ ★	77
Thornthwaite Farm	lakedistrictcottages.co.uk	£300	VE*** - *****GOLD ★ ★ ★ ★ ★	78
GLENRIDDING & PATTERNDALE (F7)				
Hartsop Fold	hartsop-fold.co.uk	£555	VE***GOLD ★ ★ ★ ★ ★	78
GRANGE-OVER-SANDS, INCLUDING CARK & CARTMEL (F11 / F12)				
Spring Bank Cottage	springbank-cottage.co.uk	£300	VE*** ★ ★ ★ ★ ★	-
Wall Nook Cottages	lakeland-cottage.com	£495	QUALITY CUMBRIA ★ ★ ★ ★ ★	-
HAWKSHEAD (E9)				
Lands End Cottage	lands-end-cottage.co.uk	£770	★ SILVER ★ ★ ★ ★ ★	-
KENDAL, INCLUDING LEVENS & MILNTHORPE (G10 / G11 / H9)				
Birslack Cottage	birslackgrange.co.uk	£345	VE*** ★ ★ ★ ★ ★	78
Carus Green	carusgreen.co.uk	£950	★ ★ ★ ★ ★ ★ ★ ★ ★ ★	80
Wych Elm Holidays	wych-elm-holidays.co.uk	£385	QUALITY CUMBRIA ★ ★ ★ ★ ★ ★ ★ ★ ★ ★	-
KESWICK (D6 / D7 / E7)				
Keswick Holiday Homes	keswickholidayhomes.co.uk	£360	QUALITY CUMBRIA ★ ★ ★ ★ ★	77
Keswick View	keswickview.co.uk	£395	VE*** ★ ★ ★ ★ ★	-
Manesty Holiday - cottages & glamping	manesty.co.uk	£452	★ ★ ★ ★ ★	79
Stair Cottage	staircottage.com	£765	QUALITY CUMBRIA ★ ★ ★ ★ ★	-
KIRKBY LONSDALE (H11 / J12)				
Jasmine Cottage	lakeholidaycottages.co.uk	£500	★ ★ ★ ★ ★	-

SELF-CATERING ACCOMMODATION	WEBSITE	PER WEEK FROM £	AWARDS & FACILITIES	PAGE
KIRKBY STEPHEN (K8 / K9)				
Artlegarth Country Lodge Breaks	lodgebreaks.co.uk	£600	  	-
PENRITH & POOLEY BRIDGE (F7 / G6 / H5)				
Flusco Wood	fluscowood.co.uk	£345	VE*****   	79
The Rowley Estates	therowleyestates.com	£750	VE*****GOLD    	-
Ullswater View Cottage	ullswaterview.com	£405	VE***   	-
Watnook Lakeside Accommodation	watnookonullswater.com	£4,200	VE*****GOLD    	-
RAVENGLASS (B9)				
Ravenglass & Eskdale Railway Pullman Camping Coaches	ravenglass-railway.co.uk/self-catering/list		  	83
SEDBERGH, INCLUDING DENT (J10)				
Middletons and Fountain Cottages, Dent	dentcottages.co.uk	£390	VE***   	-
WHITEHAVEN (A7)				
Moresby Hall Farm Cottages		£450	 	78
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9)				
Birkdale House	birkdalewindermere.co.uk	£5,145	VE*****GOLD    	77
Hapimag Burnside Park	burnsidepark.co.uk	£500	VE***   	-
Lakes Hostel Windermere	lakeshostel.co.uk	£3,840	   	-
Roman How	romanhow.com	£350	VE***   	77
Windermere Marina Village	windemeremarinavillage.co.uk	£535	   	-
VARIOUS LOCATIONS				
Herdwick Cottages	herdwickcottages.co.uk	Various	See website	79
Holidaycottages.co.uk	holidaycottages.co.uk	Various	See website	81
Matson Ground	matsonground.co.uk	£360	VE*** - VE*****GOLD   	79
Original Cottages	originalcottages.co.uk	£396	  	80

CARAVANS, CAMPING, GLAMPING & HOSTELS	WEBSITE	MONTHS OPEN	AWARDS & FACILITIES	PAGE
GRANGE-OVER-SANDS, INCLUDING CARK & CARTMEL (F11)				
Greaves Farm Caravan Park	greavesfarmcaravanpark.co.uk	Mar - Oct	VE*** AA>>> 	83
CROOKLANDS (G11)				
Waters Edge Caravan Park	watersedgecaravanpark.co.uk	Mar - Nov	VE*** AA>>>   	-
KIRKBY LONSDALE (H11 / J12)				
Woodclose Park	woodclosepark.com	Mar - Jan	VE*** AA>>> 	83
KESWICK (D6 / E7)				
Castlerigg Hall Caravan Camping and Glamping	castlerigg.co.uk	Mar - Nov	VE*** AA>>>GOLD   	84
NEWBY BRIDGE (F11)				
Newby Bridge Caravan Park	newbybridgecaravanpark.co.uk	Mar - Jan	VE***  	83
MILLOM (C11)				
Baystone Bank Farm	baystonebankfarmcampsite.co.uk	All Year	  	84
PENRITH & POOLEY BRIDGE (F6 / G6 / H6)				
Hillcroft Park	hillcroftpark.co.uk	Mar - Jan	VE***ROSE AWARD  	83
Ullswater Holiday Park	ullswaterholidaypark.co.uk	Mar - Nov	AA>>>   	83
Waterfoot Park	waterfootpark.co.uk	Mar - Jan	AA>>> VE***  	83
SILLOTH (C3)				
Stanwix Park Holiday Centre	stanwix.com	All Year	AA>>>GOLD VE***    	83
WINDERMERE, INCLUDING BOWNESS-ON-WINDERMERE (F9 / F10)				
Hill of Oaks Lodge & Caravan Park	hillfoaks.co.uk	Mar - Jan	VE*** AA>>>    	83
Park Cliffe Camping & Caravan Estate	parkcliffe.co.uk	Mar - Nov	 BRONZE AA>>>GOLD VE***   	84

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TOURIST INFORMATION & MAP

VISITOR INFORMATION CENTRES

Friendly helpful, and knowledgeable staff at Cumbria's Tourist Information Centres can help you make the most of your stay by giving advice on where to go, how to get around, what's on and where to stay. Some Tourist Information Centres also offer an accommodation booking service to personal callers. Please note that opening days, times, and operational facilities may be subject to change due to coronavirus restrictions and some may operate reduced hours during the winter months, therefore please check before travelling.

- Wheelchair Access A1 - Map Reference

Alston J4

Town Hall, Front Street, Alston, CA9 3RF
01434 382244

Ambleside F9

Central Buildings, Market Cross,
Ambleside, LA22 9BS
015394 68135

Appleby J7

Moot Hall, Boroughgate, Appleby, CA16 6XE
017683 51177 | tic@applebytown.org.uk

Bowness-on-Windermere F9

Glebe Road, Bowness-on-Windermere
LA23 3HJ
0845 9010845 | BownessTIC@lakedistrict.gov.uk

Brampton H2

Moot Hall, Market Place, Brampton, CA8 1RW
016977 3433

Broughton-in-Furness D10

The Old Town Hall, The Square,
Broughton-in-Furness LA20 6JF
01229 716115 | broughtontic@btconnect.com

Carlisle F3

Old Town Hall, Greenmarket, Carlisle, CA3 8JE
01228 598596 | tourism@carlisle.gov.uk

Cockermouth C6

92-94 Main Street, Cockermouth, CA13 9LU
01900 822634 | tic@cockermouth.org

Coniston E9

Ruskin Avenue, Coniston, LA21 8EH
015394 41533 | mail@conistontic.org

Egremont B8

12 Main Street, Egremont, CA22 2DW
01946 820693

Keswick D6

Moot Hall, Market Square, Keswick, CA12 5JR
0845 9010845 | KeswickTIC@lakedistrict.gov.uk

Kirkby Lonsdale H11

The Old Bank, 29 Main Street,
Kirkby Lonsdale, LA6 2AH
015242 97177

Kirkby Stephen K8

Upper Eden Visitor Centre, Market Street,
Kirkby Stephen, CA17 4QN
017683 71199 | visit@uecp.org.uk

Maryport B5

Lake District Coast Aquarium, South Quay,
Maryport, CA15 5AB
01900 814774 | info@coastaquarium.co.uk

Penrith G6

Robinson's School, Middlegate,
Penrith, CA11 7PT
01768 867466 | pen.tic@eden.gov.uk

Sedbergh J10

72 Main Street, Sedbergh, LA10 5AD
015396 20125 | tic@sedbergh.org.uk

Silloth C3

Solway Coast Discovery Centre,
Liddel Street, Silloth, CA7 4DD
016973 31944 | sillohtic@allerdale.gov.uk

Ullswater F7

Beckside Car Park, Glenridding, CA11 0PD
0845 9010845

Windermere F9

Victoria Street, Windermere, LA23 1AD
info@windermereinfo.co.uk

VISITOR INFORMATION POINTS

Visitor Information Points offer a local drop-in service which includes basic information and free literature for visitors without being a full-scale Tourist Information Centre. Not all Visitor Information Points are open all year and opening days, times and operational facilities may be subject to change due to coronavirus restrictions, therefore please check before travelling.

Barrow D12

The Forum, 28 Duke Street,
Barrow-in-Furness, LA14 1HH
01229 876557

Dalton D12

Dalton Town Hall, Station Road,
Dalton-In-Furness, LA15 8DT
01229 464000

Grange-over-Sands F12

Victoria Hall, Main Street,
Grange-over-Sands, LA11 6DP
015395 32375
council@grangeoversands.net

Millom C11

Millom Heritage & Arts Centre,
Station Road, Millom, LA18 5AA
01229 772555

Rheged G6

Rheged Centre, Penrith CA11 0DQ
tic@rheged.com

Pooley Bridge G6

Ullswater 'Steamers' Shop and
Information Centre, 9 The Square,
Pooley Bridge, CA10 2NW
017684 86135

Shap H7

The Old Courthouse, Main Street,
Shap, CA10 3NL
01931 717539
info@theoldcourthouse.org

Waterhead F9

Windermere Lake Cruises,
Waterhead Pier, Ambleside, LA22 0EY
015394 43360
info@windermere-lakecruises.co.uk

Whitehaven A7

The Beacon Museum, West Strand,
Whitehaven, CA28 7LY
01946 592302
vip@copeland.gov.uk

Workington A6

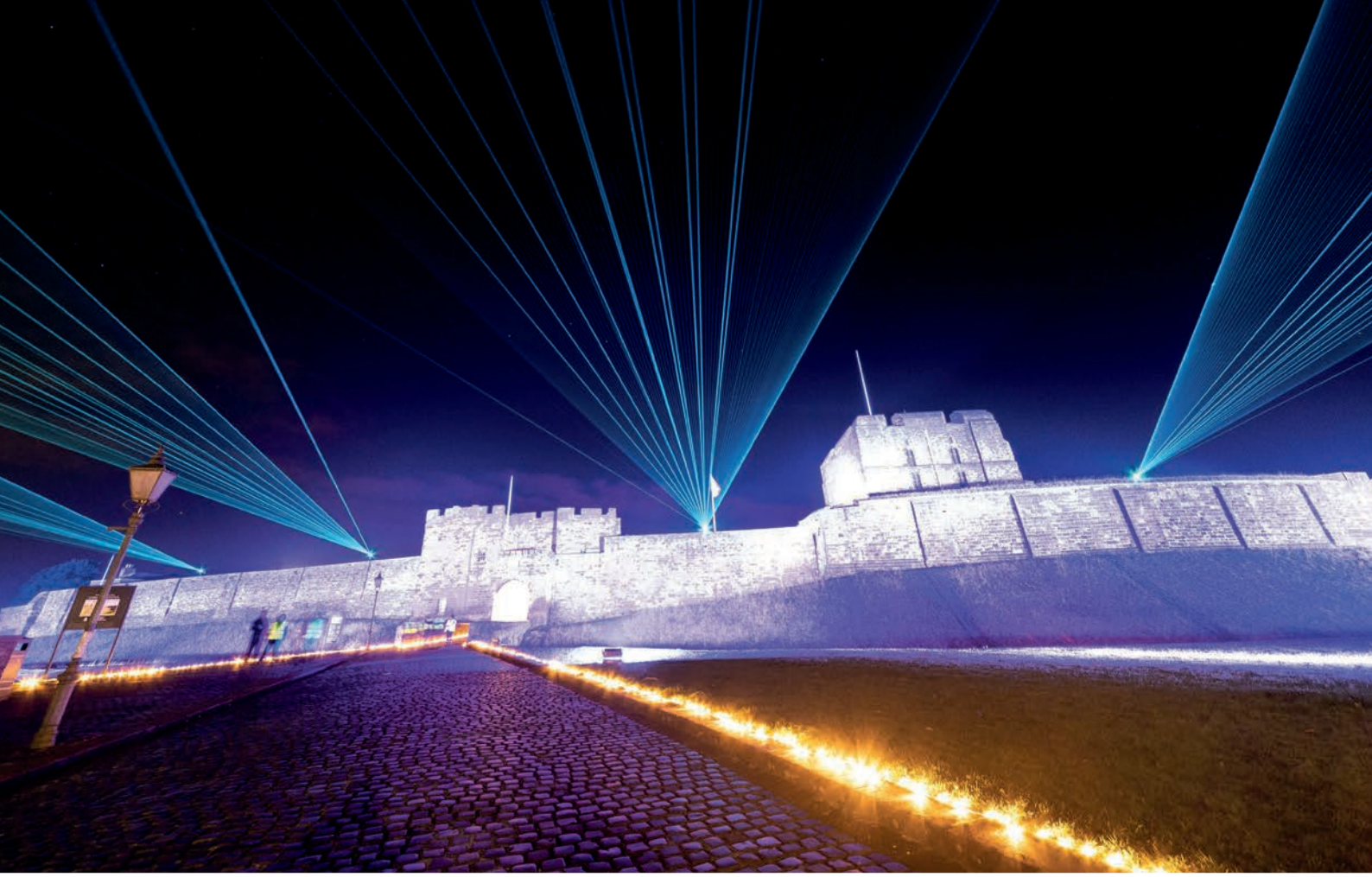
Workington Library, Vulcans Lane,
Workington, CA14 2ND
01900 706170



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